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Spiritual Herbalism

The Medieval Postcolonial Jew, in and Out of Time

The Plants of Middle-earth

An Encyclopedia of the Medieval World

Religion, Ritual, and Rulership in the Landscape

Folk Herbalism, Garden Magic, and Foraging for Spells, Rituals, and Remedies

Explorations of Textual Presentations of Filth and Water

Northern Lore

Spinning Old Heathen Magic in the Modern Day

Perceptions of the Prehistoric in Anglo-Saxon England

The Encyclopedia of Medieval Literature in Britain

Religion, Politics and Society in Britain, 800-1066

Anglo-Saxon Letters and Early English Media

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'A plaine and easie waie to remedie a horse'

A Ritual Interpretation

Herbs and Healers from the Ancient Mediterranean through the Medieval West

Medieval and After

A Social and Cultural Study of Veterinary Medicine in Early Modern England

The Facts on File Companion to British Poetry Before 1600

Anglo-Saxon England: Volume 30

A History of Magic Books

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MONROE ATKINSON

Spiritual Herbalism Cambridge Scholars Publishing

Truly global in scope and with contributions from leading

researchers around the world, The Handbook of Cannabis is the definitive resource on this fascinating drug. Combining scientific perspectives and clinical applications, it covers a vast array of topics, from why over the centuries cannabis has been used as a medicine, through the regulations facing those wishing to self-administer cannabis or provide cannabis-based medicines, to the

chemical structure of its many constituents and the rapidly growing group of synthetic cannabinoids that are currently being used for 'legal highs'. With each chapter written by a group of one or more internationally recognised subject experts, it provides academics and researchers with authoritative scientific material on the main pharmacological actions and their effects, as well as

their pharmacokinetics, metabolism, and forensic detection. In addition it also examines the complex morphology, cultivation, harvesting, and processing of cannabis and the ways in which the plant's chemical composition can be controlled. As well as offering a raft of scientific information there is extensive coverage of cannabinoid-based medicines. Helping readers to identify and evaluate their benefits, chapters explore pharmacological actions and the effects that seem to underlie approved therapeutic uses, how they are currently used to treat certain disorders, and the ever-growing number of wide-ranging potential clinical applications. There is also coverage of both the legal and illegal sources of cannabis, including 'coffee shops' and 'cannabis dispensaries'. The complex issue of 'recreational cannabis' is also tackled. The sought-after and adverse psychological and non-psychological effects are described and discussions are included on how some adverse effects can be lessened by at least one constituent of cannabis, and that it might be possible to reduce the harm that cannabis does to some by changing current regulatory policies. The Handbook of Cannabis is a one-stop reference; essential reading for all clinicians, pharmacologists, psychologists, and psychiatrists interested in this drug, as well as those working in the field of public health.

The Medieval Postcolonial Jew, in and Out of Time Leechcraft Early English Charms, Plant Lore, and Healing A comprehensive and detailed examination of every aspect of the early English approach to illness and healing, including a full list of the plants used and the properties they contain. Other themes include witchcraft, magic and paganism and appendices present healing theories, amulets, causes of disease, charms, dreams, omens and tree-lore. Three key Old English texts are reproduced in full, accompanied by new translations: Bald's Third Leechbook, the Lacnunga Manuscript, and 'The Old English Herbarium' Manuscript 5. This is a fascinating work of reference, packed full of information and interesting details. Health and Healing from the Medieval Garden

This book is about medical beliefs and practices for animals in early modern England. Although there are numerous texts on human health, this is the first to focus exclusively on animals during this period. For most academics, the foundation of the London Veterinary College in 1791 marks the beginning of 'modern' veterinary medicine, with the period before unworthy of

serious study. In fact, there is ample evidence of how the importance of animals resulted in a highly complex system of both preventative and remedial care. This book is divided into sections which start by 'setting the scene' with an overview of animals in early modern England and the contemporary principles behind health and illness. It moves onto an examination of the medical marketplace and printed literature on animal health care, followed by an in-depth look at preventative and remedial methods. It ends by addressing the question of what impact, if any, new colleges had on veterinary beliefs and practices.

The Plants of Middle-earth BRILL

The cross pervaded the whole of Anglo-Saxon culture, in art, in sculpture, in religion, in medicine. These new essays explore its importance and significance.

An Encyclopedia of the Medieval World Routledge

What is a grimoire? The word has a familiar ring to many people, particularly as a consequence of such popular television dramas as Buffy the Vampire Slayer and Charmed. But few people are sure exactly what it means. Put simply, grimoires are books of spells that were first recorded in the Ancient Middle East and which have developed and spread across much of the Western Hemisphere and beyond over the ensuing millennia. At their most benign, they contain charms and remedies for natural and supernatural ailments and advice on contacting spirits to help find treasures and protect from evil. But at their most sinister they provide instructions on how to manipulate people for corrupt purposes and, worst of all, to call up and make a pact with the Devil. Both types have proven remarkably resilient and adaptable and retain much of their relevance and fascination to this day. But the grimoire represents much more than just magic. To understand the history of grimoires is to understand the spread of Christianity, the development of early science, the cultural influence of the print revolution, the growth of literacy, the impact of colonialism, and the expansion of western cultures across the oceans. As this book richly demonstrates, the history of grimoires illuminates many of the most important developments in European history over the last two thousand years.

Religion, Ritual, and Rulership in the Landscape Aeon Books It wasn't too long ago that people tried all sorts of things to help sick people feel better. They tried wild things like drinking a glass full of millipedes or putting some mustard on one's head. Some of

the cures worked, and some of them...well, let's just say that millipedes, living or dead, are not meant to be ingested. Carlynn Beccia takes readers on a colorful and funny medical mystery tour to discover that while times may have changed, many of today's most reliable cure-alls have their roots in some very peculiar practices, and so relevant connections can be drawn from what they did then to what we do now.

Folk Herbalism, Garden Magic, and Foraging for Spells, Rituals, and Remedies BRILL

For the 2nd ASPNS conference the emphasis regarding the topics of the talks was placed on lexicographic and linguistic matters. In this volume the contributors assess the various problems of working with plant names like foxes glofa and geormanleaf, pulege and psyllium, hlenortear or fornetes folm. A special study analyses the semantic aspects of Old English plant names. More generally plant related discussions deal with the mandrake legend in Anglo-Saxon England and continental Europe, the need for a new publication of the Old English Herbarium and of the Medicina de Quadrupedibus, or the tree names in Anglo-Saxon charters. The conference also served as a platform to introduce the Graz-Munich online project Dictionary of Old English Plant Names.

EXPLORATIONS OF TEXTUAL PRESENTATIONS OF FILTH AND WATER

A&C Black

This volume synthesizes recent approaches to the study of historical English and long-established philological scholarship. Using this synthesis, it casts doubt upon the old antagonisms between modern linguistics and traditional approaches, and makes the historical study of English accessible to scholars and students of both backgrounds. This book brings together 10 studies on various characteristics of the historical development of English, and mainly Old and Middle English, first presented in workshops at the "Old and Middle English" and "Language Variation and Change in Ancient and Medieval Europe" summer schools, organized in Naxos, Greece. It includes studies derived from the first four workshops: "New Approaches to the History of Early English(es)" I, II and III and "Language Change in Indo-European" I. The first part of the volume emphasizes the synchronic description of syntactic, morphological and semantic

features of Old English, while the second section emphasizes explanations of the development of various features of English, starting with Old English.

NORTHERN LORE

Springer

Learn how to cultivate your own magical garden, begin your journey with folk herbalism, and awaken to your place in nature through practical skills from an experienced Appalachian forager and witch. Witchcraft is wild at heart, calling us into a relationship with the untamed world around us. Through the power of developing a relationship with plants, a witch—beginner or experienced—can practice their art more deeply and authentically by interacting with the beings that grow around us all. Bridging the gap between armchair witchcraft and the hedge witches of old, *Wild Witchcraft* empowers you to work directly with a wide variety of plants and trees safely and sustainably. With *Wild Witchcraft*, Rebecca Beyer draws from her years of experience as an Appalachian witch and forager to give you a practical guide to herbalism and natural magic that will share: -The history of witchcraft and Western herbalism -How to create and maintain your own herbal garden -Recipes for tinctures, teas, salves, and other potions to use in rites and rituals -Spells, remedies, and rituals created with the wild green world around you, covering a range of topics, from self-healing to love to celebrating the turning of the seasons -And much more! *Wild Witchcraft* welcomes us home to the natural world we all dwell in by exploring practical folk herbal and magical rites grounded in historical practices and a sustainable, green ethic.

Spinning Old Heathen Magic in the Modern Day Routledge
Fresh examinations of the role of medicinal plants in medieval thought and practice and how they contributed to broader ideas concerning the body, religion and identity.

Perceptions of the Prehistoric in Anglo-Saxon England

University of Toronto Press

This volume includes an important assessment of the correspondence of St Boniface.

THE ENCYCLOPEDIA OF MEDIEVAL LITERATURE IN BRITAIN

Oxford University Press

This book provides a unique and succinct account of the history of

health and fitness, responding to the growing recognition of physicians, policy makers and the general public that exercise is the most potent form of medicine available to humankind. Individual chapters present information extending from the earliest reaches of human history to the present day, arranged in the form of 30 thematic essays covering topics from the supposed idyll of the hunter-gatherer lifestyle and its posited health benefits to the evolution of health professionals and the possible contribution of the Olympic movement to health and fitness in our current society. Learning objectives are set for each topic, and although technical language is avoided as far as possible, a thorough glossary explains any specialized terms that are introduced in each chapter. The critical thinking of the reader is stimulated by a range of questions arising from the text context, and each chapter concludes with a brief discussion of some of the more important implications for public policies on health and fitness today and into the future. The material will be of particular interest to graduate and undergraduate students in public health, health promotion, health policy, kinesiology, physical education, but will be of interest also to many studying medicine, history and sociology.

Religion, Politics and Society in Britain, 800-1066 Boydell Press
'A plaine and easie waie to remedie a horse': equine medicine in early modern England is Louise Hill Curth's groundbreaking new book on the health and illness of what were historically the most important domesticated, working animals.

Anglo-Saxon Letters and Early English Media Llewellyn Worldwide

Surveys the material culture of medieval Europe to reveal the nature of everyday life at the time, and discusses the era's traditions and inventions.

Aspects of Anglo-Saxon Magic Simon and Schuster

Modern historians of the Normans have tended to treat their enterprises and achievements as a series of separate and discrete histories. Such treatments are valid and valuable, but historical understanding of the Normans also depends as much on broader approaches akin to those adopted in this book. As the successor volume to *Norman Expansion: Connections, Continuities and Contrasts*, it complements and significantly extends its findings to provide a fuller appreciation of the roles played by the Normans as one of the most dynamic and transformative forces in the

history of medieval 'Outer Europe'. It includes panoramic essays that dissect the conceptual and methodological issues concerned, suggest strategies for avoiding associated pitfalls, and indicate how far and in what ways the Normans and their legacies served to reshape sociopolitical landscapes across a vast geography extending from the remoter corners of the British Isles to the Mediterranean basin. Leading experts in their fields also provide case-by-case analyses, set within and between different areas, of themes such as lordship and domination, identities and identification, naming patterns, marriage policies, saints' cults, intercultural exchanges, and diaspora- homeland connections. The Normans and the 'Norman Edge' therefore presents a potent combination of thought-provoking overviews and fresh insights derived from new research, and its wide-ranging comparative focus has the advantage of illuminating aspects of the Norman past that traditional regional or national histories often do not reveal so clearly. It likewise makes a major contribution to current Norman scholarship by reconsidering the links between Norman expansion and 'state-formation'; the extent to which Norman practices and priorities were distinctive; the balance between continuity and innovation; relations between the Normans and the indigenous peoples and cultures they encountered; and, not least, forms of Norman identity and their resilience over time. An extensive bibliography is also one of this book's strengths.

Botany and Sub-creation Walter de Gruyter GmbH & Co KG

"With the arrival of Christianity in England there was a convergence of the new religion with the old. Many of the heathen customs, superstitions, and festivals were adopted to the needs of the Church, which sought, where it could, to preserve continuity with the past. Communities came together to celebrate seasonal festivals in much the same way as before but the meaning of the events and customs was given a Christian gloss. So, while many heathen practices were outlawed, others were absorbed into Christian tradition and preserved. Thus Yuletide, Easter and harvest festivals are still with us." --book jacket.

'A plaine and easie waie to remedie a horse' Infobase Publishing
First published in 2006. Routledge is an imprint of Taylor & Francis, an informa company.

A Ritual Interpretation ABC-CLIO

Written Reliquaries: The resonance of orality in medieval English texts establishes the linguistic component of orality and oral

tradition. The relics it examines are traces of spoken performance, artifacts of linguistic and cultural processes. Seven case studies animate verbal acts of making promises, quoting proverbs, pronouncing curses, speaking gibberish, praying Pater Nosters, invoking saints, and keeping silence. The study of their resonance is enabled by a methodological conjunction of historical pragmatics and oral theory. Insights from oral theory enlighten spoken traditions which in turn may be understood in the larger historical-pragmatic context of linguistic performance. The inquiry ranges across broad as well as narrow planes of reference to trace a complex set of cultural and linguistic interactions. In this way it reconstructs relevant discursive contexts, giving detailed accounts of underlying assumptions, traditions, and conventions. Doing so, the book demonstrates that an integrated methodology not only allows access to oral discourse in both Old English and Middle English but also provides insight into the fluid medieval interchange of literacy and orality.

Herbs and Healers from the Ancient Mediterranean through the Medieval West Boydell & Brewer Ltd

Written in Iceland around the year 1500, the little book now known only as AM 434a is a treasure trove of medieval medical knowledge. The book lists healing uses for over ninety different

herbs. It gives advice on health matters ranging from bloodletting to steam baths to the influence of the moon on health and human life. And it contains a number of magical spells, charms, prayers, runes, and symbols to bring health, wealth, and good fortune. The roots of the healing traditions in AM 434a go back thousands of years before the book itself was written. We are honored to present the first complete English translation of AM 434a. Complete notes and commentary explain this text's historical and cultural background. Medievalists, historians of science and magic, herbalists, and anyone interested in medieval Scandinavian lore and life will find this book indispensable.

Medieval and After The History Press

A comprehensive and detailed examination of every aspect of the early English approach to illness and healing, including a full list of the plants used and the properties they contain. Other themes include witchcraft, magic and paganism and appendices present healing theories, amulets, causes of disease, charms, dreams, omens and tree-lore. Three key Old English texts are reproduced in full, accompanied by new translations: Bald's Third Leechbook, the Lacnunga Manuscript, and 'The Old English Herbarium' Manuscript 5. This is a fascinating work of reference, packed full

of information and interesting details.

A Social and Cultural Study of Veterinary Medicine in Early Modern England Routledge

Weave the Threads of Ancient Heathen Magic into Your Life

Journey into the fascinating depths of Heathenry with this tremendous source of history, inspiration, and practical information. Based on decades of research and experimentation, *Elves, Witches & Gods* provides explanations and hands-on techniques for galdr, seidr, fiber magic, herb craft, journeying, going under the cloak, and connecting with deities and elves. Working with authentic source material, Cat Heath has carefully pieced together and recreated Heathen magic techniques, and she shares the theories, skills, and tools you need to begin or deepen your own practice. This book introduces you to deities such as the Spinning Goddess, the Spear God, Odin, and Ingvi-Freyr. You will discover recipes, spells, and prayers, as well as learn how to work with specific oils and charms. Whether you are interested in using magic to influence your fate or you want to take a deep dive into the craft of the helrune and the völva, this book's guidance will help you take the next steps on the Heathen path. Includes a foreword by Patricia M. LaFayllve, author of *A Practical Heathen's Guide to Asatru*

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