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Reflexology Foot Massage for Diabetes
Diabetes reflexology includes massaging reflexes of endocrine glands and organs in-charge of glucose metabolism. Firstly, start the reflexology treatment with massaging endocrine glands, which controls the entire bodily function. Secondly, massage the organs that might cause blood glucose rise.
Diabetes Reflexology; Massage for Blood Sugar Control
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Living with diabetes does not have to mean living with constant diabetic foot and ankle problems, including diabetic foot ulcers, and NYU Langone's Diabetic Foot and Ankle Center can help. Our goal is to keep foot and ankle problems from reoccurring—or preventing them from happening in the first place.
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reflexology / foot massage can stimulate the production of melatonin increasing insulin levels. The stimulation is essential as insulin is a vital treatment for diabetes. **THYROID GLAND (CONTROLS METABOLISM)** Thyroid gland is located at the base of the big toe. **Foot Reflexology to Control & Prevent Diabetes - Precious ...** Reflexology Foot Massage for Diabetes
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While there is no cure for diabetes, there is

hope. With proper diet, exercise, medical care and careful management at home, a person with diabetes can avoid the most serious complications and enjoy a full and active life. Today's podiatrist plays a key role in helping patients manage diabetes successfully and avoid foot-related complications.
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Cure Diabetes With Foot Reflexology

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