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# Active Iq Level 3 Diploma In Exercise Referral Online

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How to remember the muscles for your Level 3 anatomy and physiology exam

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*Active IQ Level 3 Diploma in Instructing Pilates Matwork*

Active IQ Level 3 Diploma in Personal Training (NEW) £1200.00 This qualification will further develop learners, who have existing knowledge and skills in gym instruction, to enable them to pursue a career in personal training. During the qualification learners will cover the following:

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ONLINE Active IQ Level 3 Diploma in Personal Training £999.00 Full Price or Payment Plan (\*Available from 8th July - 31st October 2020) New online course - The aim of this qualification is to develop candidates with existing knowledge and skills in gym instruction who would like to pursue a career in personal training.

### **Active IQ Level 3 Diploma in Personal Training**

The NCFE Diploma in Fitness Instructing and Personal Training is at level 3 on the Qualifications and Credit Framework. It also provides access on to The Register of Exercise Professionals (REPs) at level 3. Our NCFE bundle teaches you the knowledge that enables you to prescribe, plan and deliver safe and effective exercise programmes.

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