

African Cultural Practices And Health Implications For

I Am Because We Are: Reclaiming African Culture As A Source Of Strength In Black Communities THE BENEFITS OF SOME AFRICAN CULTURAL PRACTICES 4 books to explore African culture The History of African Medicine and Healing Practices: Ancient Wisdom to Modern Integration Traditional African Medicine - An Introduction - The Daily Healthy 15 African Cultural Values That Must Be Preserved | African Vibes Real Liberian History #africa #history #africancountries #book #fact #tribe #african #culture Safe in a Midwife's Hands: Birthing Traditions from Africa to the American South Vijay Jaligam MD - Cardiologist, Jaggu Health Exploring A Diet Rooted in African Traditions for Optimal Health - Orleatha Smith (AHS21) African Holistic Health Herbalism Book 3 Books for your Wellness Journey | #holistichealth #wellnesstips #wellnessjourney #naturalremedy Traditional healers as therapists? Inside South Africa's mental health crisis | MINDSET | EP 5 Healthy Living: The Role of Traditional Medicine BOOK REVIEW | Ancestral Voices: Limpopo Medicine by SA Heritage Publishers Harmful Traditions Africa Health Check S3 EP14: How cultural sensitivity can help improve health care outcomes Cultural Health Practices: Arab African (g5) The Story of the Kirdi People and Their Unique Cultural Practices #shorts Cultural and harmful traditional practices #Harmfultraditionalpractices #inspire1network Principles and Practice of Public Health in Africa Mystic Medicine The SAGE Encyclopedia of African Cultural Heritage in North America The Cross-Cultural Practice of Clinical Case Management in Mental Health Media and Identity in Africa A Very Short Introduction Health Care in the Black Community The Cultural Authority of Science Medical Sociology in Africa Parenting in South American and African Contexts A Worldwide Review The Search for Abundant Life Traditional and Complementary Medicine A Social Science Perspective Religion, Culture and Spirituality in Africa and the African Diaspora Comparing across Europe, Asia, Africa and the Americas A Medical History of African Americans and the Problem of Race: Beginnings to 1900 Pan-African Ideology and Contested Heritage Bodily Ways of Knowing in an African Community Wealth, Health, and Hope in African Christian Religion

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Principles and Practice of Public Health in Africa Routledge

This book presents a comprehensive discussion of classical ideas, core topics, currents and detailed theoretical underpinnings in medical sociology. It is a globally renowned source and reference for those interested in social dimensions of health and illness. The presentation is enriched with explanatory and illustrative styles. The design and illustration of details will shift the minds of the readers from mere classroom discourse to societal context (the space of health issues), to consider the implications of those ideas in a way that could guide health interventions. The elemental strengths are the sociological illustrations from African context, rooted in deep cultural interpretations necessitated because Africa bears a greater brunt of health problems. More so, the classical and current epistemological and theoretical discourse presented in this book are indicative of core themes in medical sociology in particular, but cut across a multidisciplinary realm including health social sciences (e.g., medical anthropology, health psychology, medical demography, medical geography and health economics) and health studies (medicine, public health, epidemiology, bioethics and medical humanities) in general. Therefore, apart from the book's relevance as a teaching text of medical sociology for academics, it is also meant for students at various levels and all health professionals who require a deeper understanding of social dimensions of health and illness (with illustrations from the African context) and sociological contributions to health studies in general.

Mystic Medicine Springer

To meet the care needs of today's diverse patient community, healthcare professionals must learn to care in environments comprising different worldviews, communication styles and expectations. To meet this challenge, it is essential that they operate from a solid foundation of knowledge, based on high standards for cultural competence in nursing practice. Cultural Competence in Caring for Muslim Patients is designed for nurses and allied healthcare professionals. It offers a

deeper insight into ways in which the Islamic faith is intertwined with patient care, and explores approaches with which to effectively address the varying healthcare requirements of a growing and diverse Muslim community. Following a clear and accessible format, the book discusses key issues including: • The identity and religious beliefs of Muslims • The ethical dimension in caring • Understanding the Muslim family system • Health considerations during fasting and pilgrimage (Hajj) What's more, case studies, activities and discussion questions throughout actively support learning and reflective practices. This insightful guide will prove a valuable asset for any nurse or healthcare professional looking to develop their understanding of how to deliver culturally compassionate and congruent care.

THE SAGE ENCYCLOPEDIA OF AFRICAN CULTURAL HERITAGE IN NORTH AMERICA

Univ of California Press

Healing TraditionsAfrican Medicine, Cultural Exchange, and Competition in South Africa,

1820-1948Ohio University Press

The Cross-Cultural Practice of Clinical Case Management in Mental Health ABC-CLIO

Empower patients with culture-specific strategies for promoting health, treating disease, and preventing violence! Current reports show that Black Americans have the highest death rate of all racial and ethnic groups. They suffer disproportionately from a number of fatal diseases, including hypertension, diabetes, and certain cancers. Moreover, violence takes far too high a toll, especially among young Black men. Clearly a different approach to health education and promotion is needed to end this tragic waste of valuable human lives. Health Care in the Black Community: Empowerment, Knowledge, Skills, and Collectivism proposes an innovative model for health professionals working in the Black community. Traditional Western medicine focuses on sickness, the isolated individual, and the material world. However, the Afrocentric values of many Black people emphasize wellness, the community, and the spiritual world. By basing health care approaches on the community's positive values of holistic healing and mutual assistance, Health Care in the Black Community suggests practical, effective strategies for promoting physical and

emotional wellness. This comprehensive and informative book offers a solid intellectual framework as well as practical advice. Health Care in the Black Community: identifies deeply held African-American cultural traditions and attitudes offers specific suggestions for combining health care priorities with respect for cultural concerns shows how to gain compliance by involving patients in their own care and drawing on community strengths discusses the impact of specific problems such as low self-esteem, infertility, HIV/AIDS, and violence on Black families develops strategies for preventing family violence by helping family members define and identify emotions shares programs and ideas for enhancing the physical and mental health of elderly Black people identifies ways to overcome the drawbacks of early parenthood Health Care in the Black Community offers health care professionals-- policymakers, practitioners, researchers, and educators in the fields of social work, health care, and cultural studies--successful methods, models, and suggestions to help improve health care in Black communities.

Media and Identity in Africa Bloomsbury Publishing

"Birthed in Ghana during a roundtable style dialogue between scholars from around the world, this third TRRR [Transatlantic Roundtable on Religion and Race] volume focuses on the religions and spirituality of African descendants."--Chapter 1.

A Very Short Introduction University Press Plc Nigeria

What is the role of the media in Africa? How do they work? How do they interact with global media? How do they reflect and express local culture? Incorporating both African and international perspectives, *Media and Identity in Africa* demonstrates how media outlets are used to perpetuate, question, or modify the unequal power relations between Africa and the rest of the world. Discussions about the construction of old and new social entities which are defined by class, gender, ethnicity, political and economic differences, wealth, poverty, cultural behavior, language, and religion dominate these new assessments of communications media in Africa. This volume addresses the tensions between the global and the local that have inspired creative control and use of traditional and modern forms of media.

Health Care in the Black Community SAGE Publications

Wealth, Health, and Hope in African Christian Religion offers a portrait of how contending narratives of modernity in both church and society play out in Africa today through the agency of African Christian religion. It explores the identity and features of African Christian religion and the cultural forces driving the momentum of Christian expansion in Africa, as well as how these factors are shaping a new African social imagination, especially in providing answers to the most challenging questions about poverty, wealth, health, human, and cosmic flourishing. It offers the academy a good road map for interpreting African Christian religious beliefs and practices today and into the future.

The Cultural Authority of Science SAGE Publications

2009 Herskovits Award finalist In August 2004, South Africa officially legalized the practice of traditional healers. Largely in response to the HIV/AIDS pandemic, and limited both by the number of practitioners and by patients' access to treatment, biomedical practitioners looked toward the country's traditional healers as important agents in the development of medical education and treatment. This collaboration has not been easy. The two medical cultures embrace different ideas about the body and the origin of illness, but they do share a history of commercial and ideological competition and different relations to state power. *Healing Traditions: African Medicine, Cultural Exchange, and Competition in South Africa, 1820-1948* provides a long-overdue historical perspective to these interactions and an understanding that is vital for the development of medical strategies to effectively deal with South Africa's healthcare challenges. Between 1820 and 1948 traditional healers in Natal, South Africa, transformed themselves from politically powerful men and women who challenged colonial rule and law into successful entrepreneurs who competed for turf and patients with white biomedical doctors and pharmacists. To understand what is "traditional" about traditional medicine, Flint argues that we must consider the cultural actors not commonly associated with African therapeutics: white biomedical practitioners, Indian healers, and the implementing of white rule. Carefully crafted, well written, and powerfully argued, Flint's analysis of the ways that indigenous medical knowledge and therapeutic practices were forged, contested, and transformed over two centuries is highly illuminating, as is her demonstration that many "traditional" practices changed over time. Her discussion of African and Indian medical encounters opens up a whole new way of thinking about the social basis of health and healing in South Africa. This important book will be core reading for classes and future scholarship on health and healing in South Africa.

MEDICAL SOCIOLOGY IN AFRICA

Springer

In this book, Rebekah Lee offers a critical introduction to the diverse history of health, healing and illness in sub-Saharan Africa from the 1800s to the present day. Its focus is not simply on disease but rather on how illness and health were understood and managed: by healthcare providers, African patients, their families and communities. Through a sustained interdisciplinary approach, Lee brings to the foreground a cast of actors, institutions and ideas that both profoundly and intimately shaped African health experiences and outcomes. This book guides the reader through a wide range of historical source material, and highlights the theoretical and methodological innovations which have enriched this scholarship. Part One delivers a concise historical overview of African health and illness from the long 'pre-colonial' past through the colonial period and into the present day, providing an understanding of broad patterns – of major disease challenges, experiences of illness, and local and global health interventions – and their persistence or transformation across time. Part Two adopts a 'case study' approach, focusing on specific health challenges in Africa – HIV/AIDS, mental illness, tropical disease and occupational disease – and their unfolding across time and space. *Health, Healing and Illness in African History* is the first wide-ranging survey of this key topic in African history and the history of health and medicine, and the ideal introduction for students.

Parenting in South American and African Contexts Routledge

A workbook for students and laypersons to facilitate learning and improve quality of life.

A Worldwide Review Routledge Studies in Religion

This book argues for a radical new approach to thinking about art and creativity in Africa, challenging outdated normative discourses about Africa's creative heritage. Africanism, which is driven by a traumatic response to colonialism in Africa, has an almost unshakable stranglehold on the content, stylistics, and meaning of art in Africa. Post-African aesthetics insists on the need to move beyond this counter-colonial self-consciousness and considerably change, re-work and

enlarge the ground, principles and mission of artistic imagination and creativity in Africa. This book critiques and dismantles the tropes of Africanism and Afrocentrism, providing the criteria and methodology for a Post-African art theory or Post-African aesthetics. Grounded initially in essays by Denis Ekpo, the father of Post-Africanism, the book then explores a range of applications and interpretations of Post-African theory to the art forms and creative practices in Africa. With particular reference to South Africa, this book will be of interest to researchers across the disciplines of Art, Literature, Media Studies, Cultural Anthropology, and African Studies.

The Search for Abundant Life Springer

The Encyclopedia of African Cultural Heritage in North America provides an accessible ready reference on the retention and continuity of African culture within the United States. Our conceptual framework holds, first, that culture is a form of self-knowledge and knowledge about self in the world as transmitted from one person to another. Second, that African people continuously create their own cultural history as they move through time and space. Third, that African descended people living outside of Africa are also contributors to and participate in the creation of African cultural history. Entries focus on illuminating Africanisms (cultural retentions traceable to an African origin) and cultural continuities (ongoing practices and processes through which African culture continues to be created and formed). Thus, the focus is more culturally specific and less concerned with the broader transatlantic demographic, political and geographic issues that are the focus of similar recent reference works. We also focus less on biographies of individuals and political and economic ties and more on processes and manifestations of African cultural heritage and continuity. FEATURES: A two-volume A-to-Z work, available in a choice of print or electronic formats 350 signed entries, each concluding with Cross-references and Further Readings 150 figures and photos Front matter consisting of an Introduction and a Reader's Guide organizing entries thematically to more easily guide users to related entries Signed articles concluding with cross-references

TRADITIONAL AND COMPLEMENTARY MEDICINE

Who

Discover a culturally competent model of clinical case management in mental health practice settings. In *The Cross-Cultural Practice of Clinical Case Management*, author Peter Manoleas synthesizes some of the existent thinking on case management in cross-cultural psychotherapy settings and develops an effective model of clinical case management for mental health practitioners. The person-in-environment approach leads mental health professionals to realize that case managers and their clients must deal with a variety of cultures within the treatment environment. Rehabilitation programs, substance abuse programs, public assistance, the police, and especially psychiatry itself, are each characterized by their own 'cultures.' These may, at times, conflict with or present significant dissonance with the client's own ethnic culture. The Cross-Cultural Practice of Clinical Case Management advocates that the role of "culture broker" be added to the list of activities for effective clinical case managers. Several of the major ethnic groups represented in public mental health populations are examined, as well as other topics relevant to the daily practice of mental health professionals: Effective cross-cultural crisis intervention The culture of homelessness Women and the mental health system Asians and Pacific Islanders Latinos African Americans Native Americans Seriously Emotionally Disturbed Children *The Cross-Cultural Practice of Clinical Case Management* is of interest to practicing mental health professionals in the public sector as those systems convert from individual therapy to case management models of service delivery. Increasing numbers of ethnic minorities in public systems and the emphasis on cultural competence will make all of the topics of interest to many readers.

A Social Science Perspective Guilford Press

African-American Slave Medicine offers a critical examination of how African-American slaves medical needs were addressed during the years before and surrounding the Civil War. Drawing upon ex-slave interviews conducted during the 1930s and 1940s by the Works Project Administration (WPA), Dr. Herbert C. Covey inventories many of the herbal, plant, and non-plant remedies used by African-American folk practitioners during slavery. He demonstrates how active the slaves were in their own medical care and the important role faith played in the healing process. This book links each referenced plant or herb to modern scientific evidence to determine its actual worth and effects on the patients. Through his study, Dr. Covey unravels many of the complex social relationships found between the African-American slaves, Whites, folk practitioners, and patients. *African-American Slave Medicine* is a compelling and captivating read that will appeal

to scholars of African-American history and those interested in folk medicine.

Religion, Culture and Spirituality in Africa and the African Diaspora Psychology Press

At times mirroring and at times shockingly disparate to the rise of traditional white American medicine, the history of African-American health care is a story of traditional healers; root doctors; granny midwives; underappreciated and overworked African-American physicians; scrupulous and unscrupulous white doctors and scientists; governmental support and neglect; epidemics; and poverty. Virtually every part of this story revolves around race. More than 50 years after the publication of *An American Dilemma*, Gunnar Myrdal's 1944 classic about race relations in the USA, *An American Health Dilemma* presents a comprehensive and groundbreaking history and social analysis of race, race relations and the African-American medical and public health experience. Beginning with the origins of western medicine and science in Egypt, Greece and Rome the authors explore the relationship between race, medicine, and health care from the precursors of American science and medicine through the days of the slave trade with the harrowing middle passage and equally deadly breaking-in period through the Civil War and the gains of reconstruction and the reversals caused by Jim Crow laws. It offers an extensive examination of the history of intellectual and scientific racism that evolved to give sanction to the mistreatment, medical abuse, and neglect of African Americans and other non-white people. Also included are biographical portraits of black medical pioneers like James McCune Smith, the first African American to earn a degree from a European university, and anecdotal vignettes, like the tragic story of "the Hottentot Venus", which illustrate larger themes. *An American Health Dilemma* promises to become an irreplaceable and essential look at African-American and medical history and will provide an invaluable baseline for future exploration of race and racism in the American health system.

Comparing across Europe, Asia, Africa and the Americas Radcliffe Publishing

With over 50,000 distinct species in sub-Saharan Africa alone, the African continent is endowed with an enormous wealth of plant resources. While more than 25 percent of known species have been used for several centuries in traditional African medicine for the prevention and treatment of diseases, Africa remains a minor player in the global natural products market largely due to lack of practical information. This updated and expanded second edition of the *Handbook of African Medicinal Plants* provides a comprehensive review of more than 2,000 species of plants employed in indigenous African medicine, with full-color photographs and references from over 1,100 publications. The first part of the book contains a catalog of the plants used as ingredients for the preparation of traditional remedies, including their medicinal uses and the parts of the plant used. This is followed by a pharmacognostical profile of 170 of the major herbs, with a brief description of the diagnostic features of the leaves, flowers, and fruits and monographs with botanical names, common names, synonyms, African names, habitat and distribution, ethnomedicinal uses, chemical constituents, and reported pharmacological activity. The second part of the book provides an introduction to African traditional medicine, outlining African cosmology and beliefs as they relate to healing and the use of herbs, health foods, and medicinal plants. This book presents scientific documentation of the correlation between the observed folk use and demonstrable biological activity, as well as the characterized constituents of the plants.

A MEDICAL HISTORY OF AFRICAN AMERICANS AND THE PROBLEM OF RACE: BEGINNINGS TO 1900

BoD – Books on Demand

Modern medicine has reached a point where the patient is not treated as a biopsychosocial-spiritual being but rather is seen as a virtual identity consisting of laboratory findings and images. More focus is placed on relieving the symptoms instead of curing the disease. Mostly, patients are turned into lifetime medication-dependent individuals. New medicines are needed to overcome the side effects, complications, resistance, and intolerance caused by pharmacological and interventional therapies. In hopes of drug-free and painless alternative treatments with fewer complications, there has been a trend to revisit traditional methods that have been dismissed by modern medicine. Traditional medicine has to be reevaluated with modern scientific methods to complement and integrate with evidence-based modern medicine.

PAN-AFRICAN IDEOLOGY AND CONTESTED HERITAGE

Psychology Press

This open access book introduces the theoretical frameworks and academic debates concerning

sexual cultural practices and HIV/AIDS in Africa. It shows how these frameworks have been applied in a practical sense in Africa to investigate sexual cultural practices and their link with HIV/AIDS. The author provides an overview of both the field of study and the methods used during fieldwork. Finally, it assesses the implications of the findings for the conceptualization and provision of current and future HIV/AIDS policies and programs in Africa. This monograph will appeal to policy makers and practitioners working in the field of HIV/AIDS in the Global South as well as academics and students.

Bodily Ways of Knowing in an African Community Rowman & Littlefield

Various types of traditional medicine and other medical practices referred to as complementary or alternative medicine are increasingly used in both developing and developed countries. In order to promote safe and appropriate use of these medicines and practices, as well as to ensure the quality of service and practitioners, national regulations are vital. Establishing national policies on traditional medicine, and/or complementary/alternative medicine and their medical practices,

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should therefore include creation of legal frameworks. This review summarizes the legal status of several major practices in traditional medicine and complementary/alternative medicine in 123 countries. It includes data on: the use of traditional and complementary/alternative medicine; the regulatory situation of traditional and complementary/alternative remedies and practitioners; health insurance coverage of traditional and complementary/alternative medicine; education and training of practitioners of traditional and complementary/alternative medicine. Information provided in this review will be useful not only to policy makers, but also to researchers, universities, the public, insurance companies and pharmaceutical industries.

WEALTH, HEALTH, AND HOPE IN AFRICAN CHRISTIAN RELIGION

ABC-CLIO

Adding her stimulating and finely framed ethnography to recent work in the anthropology of the

senses, Kathryn Geurts investigates the cultural meaning system and resulting sensorium of Anlo-Ewe-speaking people in southeastern Ghana. Geurts discovered that the five-senses model has little relevance in Anlo culture, where balance is a sense, and balancing (in a physical and psychological sense as well as in literal and metaphorical ways) is an essential component of what it means to be human. Much of perception falls into an Anlo category of seselelame (literally feel-feel-at-flesh-inside), in which what might be considered sensory input, including the Western sixth-sense notion of "intuition," comes from bodily feeling and the interior milieu. The kind of mind-body dichotomy that pervades Western European-Anglo American cultural traditions and philosophical thought is absent. Geurts relates how Anlo society privileges and elaborates what we would call kinesthesia, which most Americans would not even identify as a sense. After this nuanced exploration of an Anlo-Ewe theory of inner states and their way of delineating external experience, readers will never again take for granted the "naturalness" of sight, touch, taste, hearing, and smell.