
Injury Prevention And Rehabilitation In Sport

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 AFTER A MENISCUS
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The Overhead Athlete:
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Feat. Tim Keeley | No.102
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 Injury Prevention During
 Patient Rehabilitation.
 Empowering movement is
 fundamental to any

patient rehabilitation
 programme and is a core
 principle in the prevention
 of pressure injury
 development. With the
 impact of the current
 pandemic, the focus on
 mobilising and
 rehabilitating patients
 earlier and often
 throughout the day has
 never ...
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