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by

ELAINE REID

Case Studies in Abnormal Psychology W. W. Norton & Company
Print+CourseSmart

8 KEYS TO SAFE TRAUMA RECOVERY: TAKE-CHARGE STRATEGIES TO EMPOWER YOUR HEALING (8 KEYS TO MENTAL HEALTH)

Macmillan

With over 75,000 copies sold, this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders. The Handbook is unique in its focus on evidence-based practice and its attention to the most pressing question asked by students and practitioners—"How do I do it?" Leading clinical researchers provide essential background knowledge on each problem, describe the conceptual and empirical bases of their respective approaches, and illustrate the nuts and bolts of evidence-based assessment and intervention.

ASSESSMENT OF CHILDHOOD DISORDERS, FOURTH EDITION

Oxford University Press

Exploring the interactions of the various forces that contribute to psychopathology, this text acknowledges the importance of biology, behaviour, and psychological and social influences.

Past Traumatic Stress Dissolved FTC Publications, Inc.

Using cases from the authors' files or

from case files of other working clinicians, CASEBOOK IN ABNORMAL PSYCHOLOGY portrays the rich and arresting nature of disorders manifested in real people. Cases illustrate every major DSM-IV category, followed by a therapy outcome section that tells the rest of the story of what happened to these clients. Using an integrative approach, the authors emphasize the multiple causes of disorders and incorporate developmental and cultural issues in each case. Complex cases are presented without a diagnosis, so students can come up with a diagnosis on their own. This Fourth Edition includes a new case on body dysmorphic disorder as well as two new cases without a diagnosis. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

MASTERING YOUR FEARS AND PHOBIAS

Guilford Publications

Revised to reflect DSM-5, this briefer version of Durand and Barlow's widely taught text fully describes abnormal psychology through the authors' standard-setting integrative approach--the most modern, scientifically valid method for studying the subject.

Through this approach, students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A conversational writing style, consistent pedagogy, and real case profiles--95 percent from the authors' own case files--provide a realistic

context for the scientific findings of the book. In addition, these features ensure that readers never lose sight of the fact that real people are behind the DSM-5 criteria, the theories, and the research. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Clinical Handbook of Psychological Disorders, Fourth Edition Cengage Learning

"We may not be able to prevent stressful events from happening, but we can change our lifestyles to handle stressful situations. [Here, the authors] outline a program that will help you identify what is causing your stress, teach you calming techniques, and provide you with a realistic approach to reducing stress." -- Back cover.

PSYCHOLOGICAL SOLUTIONS TO MENTAL HEALTH PROBLEMS

Cengage Learning
Balancing biological, psychological, social, and cultural approaches, this book's ground-breaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. Updated with leading-edge research findings, the eighth edition draws on the expertise of David H. Barlow, V. Mark Durand, and Stefan G. Hofmann, three internationally recognized experts in clinical psychology. In *ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH*, the authors successfully blend sophisticated research with an accessible, engaging writing style. They go beyond simply describing different schools of thought on psychological disorders, exploring the interactions of the various forces that contribute to psychopathology. This comprehensive resource includes

integrated case studies (95 percent from the authors' own files) and additional study tools. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Mastery of Your Anxiety and Worry (MAW) Macmillan Higher Education
Case Studies in Abnormal Psychology presents a broad range of cases drawn from the clinical experience of authors Kenneth N. Levy, Kristen M. Kelly, and William J. Ray to take readers beyond theory into real-life situations. The authors take a holistic approach by including multiple perspectives and considerations, apart from those of just the patient. Each chapter follows a consistent format: Presenting Problems and Client Description; Diagnosis and Case Formulation; Course of Treatment; Outcome and Prognosis/Treatment Follow-up; and Discussion Questions. Providing empirically supported treatments and long-term follow-up in many case studies gives students a deeper understanding of each psychopathology and the effects of treatment over time.

A Step-by-Step Treatment Manual
Guilford Press

"This volume addresses the assessment of the most commonly encountered disorders or conditions among adults, older adults, and couples. Evidence-based strategies and instruments for assessing mood disorders, anxiety disorders, couple distress and sexual problems, health-related problems, and many other conditions are covered in depth. With a focus throughout on assessment instruments that are feasible, psychometrically sound, and useful for typical clinical practice, a rating system has been designed to provide evaluations of a measure's

norms, reliability, validity, and clinical utility. Standardized tables summarize this information in each chapter, providing essential information on the most scientifically sound tools available for a range of assessment needs."--
BOOK JACKET.

Thriving in the Wake of Trauma Oxford University Press

An Introduction to Modern CBT provides an easily accessible introduction to modern theoretical cognitive behavioral therapy models. The text outlines the different techniques, their success in improving specific psychiatric disorders, and important new developments in the field. • Provides an easy-to-read introduction into modern Cognitive Behavioral Therapy approaches with specific case examples and hands-on treatment techniques • Discusses the theoretical models of CBT, outlines the different techniques that have been shown to be successful in improving specific psychiatric disorders, and describes important new developments in the field • Offers useful guidance for therapists in training and is an invaluable reference tool for experienced clinicians

EVERYTHING'S OK

Wadsworth Publishing Company

This lively, comprehensive introduction to human behavior in the social environment offers a multidimensional approach to the topic, with discussion of integrative practice, theory, treatment, and services as well as matters pertaining to diversity addressed throughout the text. The text provides solid coverage of foundation knowledge, integrates the biopsychosocial dimensions for assessing social functioning, and offers case studies to illuminate the applied aspects of the

content. Furthermore, as part of the Brooks/Cole Empowerment Series, the fifth edition thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE), thus helping students connect foundation knowledge with specific practice concerns. Study tables and concept maps (for each discussion of behavior in the development chapters) clarify major phases of biopsychosocial development across the life span. This framework gives students a concrete tool for assessing human behavior from a perspective that reflects the values and knowledge base of the social work profession. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Case Studies in Abnormal Psychology
Guilford Publications

This clinical reference and widely adopted text is recognized as the premier guide to understanding and treating frequently encountered psychological disorders in adults. Showcasing evidence-based psychotherapy models, the volume addresses the most pressing question asked by students and practitioners-- "How do I do it?" Leading authorities present state-of-the-art information on each clinical problem and explain the conceptual and empirical bases of their respective therapeutic approaches. Procedures for assessment, case formulation, treatment planning, and intervention are described in detail. Extended case examples with session transcripts illustrate each component of treatment. New to This Edition

*Incorporates treatment innovations, the

latest empirical findings, and changes to diagnostic criteria in DSM-5. *Chapter on acceptance-based treatment of generalized anxiety disorder. *Chapter on comorbid depression and substance abuse, demonstrating a transdiagnostic approach. *Chapter on sleep disorders. See also *Clinical Handbook of Psychological Disorders in Children and Adolescents*, edited by Christopher A. Flessner and John C. Piacentini.

Motivational Interviewing in the Treatment of Psychological Problems, Second Edition *Abnormal Psychology: An Integrative Approach*
This book has been replaced by *Handbook of Assessment and Treatment Planning for Psychological Disorders*, Third Edition, ISBN 978-1-4625-4488-2. *Research, Theory, and Practice* Rowman Altamira

Mastery of Your Fears and Phobias, Second Edition, Workbook outlines a cognitive-behavioral treatment program for individuals who suffer from specific fears and phobias, including fear of blood, heights, driving, flying, water, and others. The program described in this workbook has proved to be the most effective treatment available for fears and phobias to date. It has a success rate of up to 90% with as little as one treatment session. Based on the principles of cognitive-behavioral therapy (CBT), this workbook teaches clients about the nature of their fear and how to overcome it through exposures and changing their negative thoughts. *TreatmentsThatWork™* represents the gold standard of behavioral healthcare interventions! ? All programs have been rigorously tested in clinical trials and are backed by years of research ? A prestigious scientific advisory board, led by series Editor-In-Chief David H. Barlow, reviews and evaluates each intervention

to ensure that it meets the highest standard of evidence so you can be confident that you are using the most effective treatment available to date ? Our books are reliable and effective and make it easy for you to provide your clients with the best care available ? Our corresponding workbooks contain psychoeducational information, forms and worksheets, and homework assignments to keep clients engaged and motivated ? A companion website (www.oup.com/us/ttw) offers downloadable clinical tools and helpful resources ? Continuing Education (CE) Credits are now available on select titles in collaboration with PsychoEducational Resources, Inc. (PER)
[Essentials of Abnormal Psychology](#)
Cengage Learning

This Study Guide by David Santogrossi, winner of seven awards for excellence in teaching, offers a wide variety of study and learning tips. For every text chapter, the guide includes interactive, fill-in-the-blank chapter summaries; key words; multiple-choice, matching, true/false, and essay questions; and answers with page references to the above. Concept checks are included for every chapter to extend the concept checks in the book itself. The guide also includes questions and review for the video, *Abnormal Psychology: Inside Out*.

HANDBOOK OF ASSESSMENT AND TREATMENT PLANNING FOR PSYCHOLOGICAL DISORDERS, 2/E

Guilford Publications
Essentials of Abnormal Psychology provides students and professionals with a concise overview of the major topics in abnormal psychology as well as chapters on the leading categories of disorders such as eating disorders, schizophrenic

disorders, personality disorders, and substance-related disorders. This book utilizes the popular Essentials format and makes a perfect companion to primary texts on the topic or a useful study guide. As part of the Essentials of Behavioral Science series, this book provides information mental health professionals need to practice knowledgably, efficiently, and ethically in today's behavioral healthcare environment. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as "Test Yourself" questions that help you gauge and reinforce your grasp of the information covered. Condensing the wide-ranging topics of the field into a concise, accessible format for handy and quick-reference, *Essentials of Abnormal Psychology* is an invaluable tool for learning as well as a convenient reference for established mental health professionals. Other titles in the Essentials of Behavioral Science series: *Essentials of Child Psychopathology*, *Essentials of Statistics for the Social and Behavioral Sciences*, *Essentials of Psychological Testing*, *Essentials of Research Design and Methodology*, *A Step-by-Step Treatment Manual*. SAGE Publications

Balancing biological, psychological, social, and cultural approaches, the Fourth Canadian Edition of *Abnormal Psychology*'s groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. The author team-- now including Dr. Martin Lalumière-- continues to blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going

beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies, and superior coverage of the DSM-5 (with insights from author David Barlow, an Advisor to the DSM-5 task force) help lead students to an unparalleled appreciation for the current state of what is a multidimensional and compelling clinical science.

A Guide to Assessments That Work
Oxford University Press

Individuals seeking career counseling often present with a complex array of issues, and thus it is often difficult for counselors to separate career satisfaction and development from other mental health issues. *Career, Work, and Mental Health* examines this tightly woven connection between mental health issues and career development and offers practical ways for counselors to blend career and personal counseling. Taking this integrative approach, author Vernon Zunker offers step-by-step procedures for delivering effective intervention strategies - tactics that are meaningful and relevant to career choice, career development, and the interconnectedness of personal problems.

ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH

Cengage Learning

This leading text and clinical guide offers best-practice recommendations for assessing a comprehensive array of child and adolescent mental health problems and health risks. Prominent authorities present evidence-based approaches that can be used in planning, implementing,

and evaluating real-world clinical services. Coverage encompasses behavior disorders, mood disorders, anxiety disorders, developmental disorders, maltreatment, and adolescent problems. The volume emphasizes the need to evaluate clients' strengths as well as their deficits, and to take into account the developmental, biological, familial, and cultural contexts of problem behavior.

Essentials of Understanding Abnormal Behavior Guilford Press

Taking into account evidence of the reciprocal influences of biology and

behavior and of psychological and social influences on biology, the authors address the major psychological disorders, emphasizing three major areas of each: clinical description, causal factors, and treatment and outcomes. Clinical histories illustrate scientific findings on the causes and treatments of psychopathology and DSM-IV criteria are noted in the text. Abundant, compelling color photographs and illustrations keep the eyes occupied, perhaps at the expense of the text. Annotation copyrighted by Book News, Inc., Portland, OR

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