

## Conscious Life Creating Your Reality

Control Your Mind: How Higher Consciousness Shapes Your Reality (Audiobook) The Game of Life and How to Play it (1925) by Florence Scovel Shinn The Law of Projection: Crafting Your Reality Through Perception (Audiobook) Dr Joe Dispenza: Humanity SHIFTS to the 5th Dimension! MANIFEST From Infinite MIND Power in 2024 The Emerging Science: "We Are ONE Consciousness" - Life, Death & The Simulation | Donald Hoffman Oprah's Book: The Wisdom Of Sundays | Super Soul Sunday S8E7 | Full Episode | OWN Your brain hallucinates your conscious reality | Anil Seth | TED Revealing Ancient Secrets: The 'REAL TRUTH' Behind The Simulation (Awaken Your Consciousness) The Universe's Secret Language: Turn Your Thoughts into Reality <<< [START ASKING THE UNIVERSE LIKE THIS, IT BECOMES REALITY | THE SECRET TO A FULFILLED LIFE ♂ Consciousness Creates Your Reality Man Dies, Discovers Ultimate Truth About Our Soul's Purpose on Earth, Consciousness & Oneness Why Consciousness is Immortal | The Philosophical Proof of Life After Death Reality Is Stranger Than You Think: Consciousness, Perception, Free Will, AI & Love | Annaka Harris "Nothing You See is Real" | Donald Hoffman Proof That Reality Is An ILLUSION: The Mystery Beyond Space-Time - Donald Hoffman | Know Thyself E63 Life Is A Simulation Prison! - Death, Parallel Universes, Spacetime & Consciousness | Donald Hoffman Enoch: Instructions for believers living at the END (Part 1) The Mirror Principle | If You Don't Change This, Reality Will Never Change The Art of Asking - How to Ask the Universe to Get Everything Audiobook. Super Human Mind - Become So Amazing That Nobody Can Doubt You Audiobook The Living Universe - Documentary about Consciousness and Reality | Waking Cosmos HIDDEN TEACHINGS of the Bible That Explain Manifestation, Consciousness & Oneness (POWERFUL Info!) How Our Consciousness is Used to Create Reality (Secret Method) (Full Audiobook) The Book That Helps You Achieve ANYTHING! Is Reality Real? - This One Idea Might Change Your Entire Life | Donald Hoffman Quantum Physics Confirms: Consciousness Creates Reality! How to Quantum Leap to Your Desired Reality with Your Specific Person The Quantum Law of Being: Once you understand this, reality shifts. Quantum Realities: How Your Mind Alters the Universe Past Reality Integration 28 Days to a More Magnetic Life Two Worlds, One Consciousness: Unifying Lucid Dreaming and Conscious Living Beyond Limitations Second Edition The DNA Field and the Law of Resonance A New Science of Consciousness Creating Our Reality Just How Do Affirmations Work? One Inspiring Thought Each Week to Lead You Consciously Through the Year A Chronic Fatigue Syndrome and Fibromyalgia Journey How a New Understanding of the Universe Can Help Answer Age-Old Questions of Existence Act of Consciousness The Choice for Consciousness, Tools for Conscious Living The Grand Biocentric Design E-Squared Information—Consciousness—Reality

*Conscious Life Creating Your Reality*

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### FREEMAN DOUGLAS

#### PAST REALITY INTEGRATION

iUniverse

This book will lead you in the path of your consciousness. You will understand how your energy and frequencies are shaping your reality in the material world. Power of Self-love is the core of our existence. You will learn how healing your chakra's will help you to live a fulfilling and content life as human are connecting dots of the universal matrix. Importance of detachment, affirmation, prayers and conscious continuous inward growth can change your outer reality. Methods to increase your consciousness and intuition, ways of quick manifestation, healing prayers and meditation are described. Everything in this universe is an energy and self-talk plays a vital role in living blissful conscious life. This books also talks about the belief system as how we are being trapped in our ancestral thoughts & frequencies, and as an individual by healing ourselves we can have a rippling effect in the outer world to balance peace & harmony in the collective.

[28 Days to a More Magnetic Life](#) BenBella Books

"You create your own reality." Conscious Life means reclaiming the power to create the life of our dreams. Since our bodies, thoughts, and experiences are all energy, we magnetically draw to ourselves, through the power of thought, the people and events of our lives. Spirit teacher Alexander illuminates how consciousness blends with matter to create our experienced reality. More, he gives us simple, practical techniques to harness the unlimited power of thought to attract a life filled with love, health, and abundance-a Conscious Life. Eric Leskowitz, M.D. of Harvard Medical School says, "The collected teachings of Alexander contain the most accessible explanations of the mechanics of health, illness and life on this planet that I have yet encountered. The processes and techniques he first described 20 years ago are now being validated by modern scientific research, and suggest that he has presented a blueprint for 'How it works' that can be

utilized by all of us."

[Two Worlds, One Consciousness: Unifying Lucid Dreaming and Conscious Living](#) Wheatmark, Inc.

What is the power of manifestation and how do we unlock this force within us? Evon Davis, the author of Pandora's Box, defines the power of manifestation as the expansion of one's consciousness into the greater realm of possibilities. The power of manifestation resides within each and every one of us and is awakened through a variety of techniques, such as creative visualization, chakra balancing and alignment, an understanding of the true nature of the universe, and our capacities as powerfully creative beings. Are you ready to become the master of your own destiny? If so, read on. This book tells us how we can begin to break out of old, self-defeating, self-sabotaging patterns and make a profound paradigm shift in our thinking. It is amazing what we can create in our lives if we are open to the possibilities, but first we need to understand the way our minds work in conjunction with the universe and the world around us. This is an understanding of our place in the world that is fairly modern. Our minds are opening up to a new paradigm. It is all about realizing our power and taking an active role in creating our lives and communities, rather than feeling resigned to being helpless victims of circumstance. The current paradigm shift is comparable to that which occurred when people began to understand that the planet was not flat. It is as radical and fundamental a shift as that which occurred when Galileo proclaimed that the Earth was not the center of the universe. We might wonder what other surprises lay ahead. And I think we will be pleased by what we discover. One of the factors underlying this current paradigm shift is the knowledge gained by scientists through their study of quantum physics. A "quanta" is a unit of energy. Quantum physics is the study of subatomic energy and matter. The most remarkable discovery has been that at the subatomic level, energy acts as waves of probabilities until observed by a conscious observer, then those waves of probability collapse into particles. In other words, we are literally creating reality by where we choose to focus our attention. What can we conclude from this? That we are powerful creators. We are co-creating this reality along with the universe, other humans, and other conscious life forms. Do not doubt the power within yourself to create the life you want and the world you live in. That is the most important first step in

understanding how powerful you really are. The ground of being is consciousness. So the universe itself is formed out of consciousness. We humans are consciousness swimming in consciousness. We can see very clearly that we are powerful creators, and the more we begin to recognize this, the more powerful and creative we will become. So the key is the recognition of our powerful creative abilities." Understanding your way of viewing the world and your place in it is one of the first steps to creating a new way of viewing the world and your place in it. You can take a more pro-active and creative roll, but first you will need to truly get clear on what it is you want and understand the conflicting desires and beliefs that create obstacles. It's important to understand the powerful role that your mind plays in the creation of your life, which includes setting and attaining goals. Changing your perceptions about your life and the world can be important if they are holding you back from creating the kind of life that you want -- one that includes meaningful, creative, and fulfilling work, and the freedom to enjoy your life. It is important to explore the nature of reality and the nature of your thinking and to scrutinize it with utmost honesty. If you want to change your life, it is necessary to change your thinking. The important thing for us to realize is that we are the creators. We can sleep-walk our way through life and feel like the victim of circumstances or we can take an active role in creating what we want [Beyond Limitations](#) Lulu.com

IF THIS BOOK MAKES YOU THINK AND LOOK DEEP WITHIN YOURSELF, THEN IT HAS FULFILLED ITS PURPOSE. You possess a blank canvas on which to paint the life you desire. Every possibility of what your future holds already exists; it is up to you to pull your dreams into your reality. The act of purposely creating your life is simply a matter of shifting your perception of your current reality and your past experiences in order to form a different version of yourself in the future. The knowledge you are seeking exists within the essence of your Being. Shifting Perception was written as a tool to help awaken this knowledge. This book reflects an alternative way to view life, for our perception of it creates our reality. In this physical form we will always experience times of joy and times of challenge. Shifting one's perception of life through the use of Universal truths, as well as spiritual and scientific concepts, helps one's life to flow with greater ease.

**Second Edition** Crimson Circle Press

This book gives you 52 conscious tools, one for every week of the year, to help you to live consciously as you embrace life and continue your evolving journey.

**The DNA Field and the Law of Resonance** Balboa Press

INTERNATIONAL BESTSELLER A Best Book of 2021—Bloomberg Businessweek; A Best Science Book of 2021—The Guardian; A Best Science Book of 2021—Financial Times; A Best Philosophy Book of 2021—Five Books; A Best Book of 2021—The Economist Anil Seth's quest to understand the biological basis of conscious experience is one of the most exciting contributions to twenty-first-century science. What does it mean to “be you”—that is, to have a specific, conscious experience of the world around you and yourself within it? There may be no more elusive or fascinating question. Historically, humanity has considered the nature of consciousness to be a primarily spiritual or philosophical inquiry, but scientific research is now mapping out compelling biological theories and explanations for consciousness and selfhood. Now, internationally renowned neuroscience professor, researcher, and author Anil Seth is offers a window into our consciousness in BEING YOU: A New Science of Consciousness. Anil Seth is both a leading expert on the neuroscience of consciousness and one of most prominent spokespeople for this relatively new field of science. His radical argument is that we do not perceive the world as it objectively is, but rather that we are prediction machines, constantly inventing our world and correcting our mistakes by the microsecond, and that we can now observe the biological mechanisms in the brain that accomplish this process of consciousness. Seth has been interviewed for documentaries aired on the BBC, Netflix, and Amazon and podcasts by Sam Harris, Russell Brand, and Chris Anderson, and his 2017 TED Talk on the topic has been viewed over 11 million times, a testament to his uncanny ability to make unimaginably complex science accessible and entertaining.

### A NEW SCIENCE OF CONSCIOUSNESS

tbudget, LLC

This open access book chronicles the rise of a new scientific paradigm offering novel insights into the age-old enigmas of existence. Over 300 years ago, the human mind discovered the machine code of reality: mathematics. By utilizing abstract thought systems, humans began to decode the workings of the cosmos. From this understanding, the current scientific paradigm emerged, ultimately discovering the gift of technology. Today, however, our island of knowledge is surrounded by ever longer shores of ignorance. Science appears to have hit a dead end when confronted with the nature of reality and consciousness. In this fascinating and accessible volume, James Glattfelder explores a radical paradigm shift uncovering the ontology of reality. It is found to be information-theoretic and participatory, yielding a computational and programmable universe. [Creating Our Reality](#) Rontor Presents

When it feels like the end of your world, you've arrived at a point of magnificent opportunity: the possibility of transforming every dimension of your life. This book is your navigational guide for releasing old ways of thinking, entering the ground level of your being, and emerging as a conscious co-creator of your reality and an active participant in global transformation.

**Just How Do Affirmations Work?** Xlibris Corporation

We often allow ourselves to get defeated in sadness, depression, despair, loneliness, and, ultimately, self-destruction. These are terrible places to be. But there is a way out of those places, and that is through God's love and trust, along with belief in yourself. In *And God Answered ...*, author Rod Guerrero offers a discussion of how to turn negative thoughts into positive energy. Presented as a back-and-forth conversation between Guerrero and God, this study provides a serious and thoughtful discussion of topics relevant to the lives of all beings that inhibit and share our world. Guerrero maintains that to be mired in negativity is an exhausting waste of energy and that life is meant for joy and not struggle. We can fill our lives with love, peace, and prosperity by building on the inexhaustible supply of love that exists in all of us. You can unleash that authentic power within you and set yourself free. Including original poems, *And God Answered ...* communicates that any negativity can be bridged over to the positive by stilling your thoughts and communing with God to redirect your thoughts and create as you desire.

*One Inspiring Thought Each Week to Lead You Consciously Through the Year* Unity House Manifest Now provides a step-by-step guide with tools, techniques, and proven strategies to raise your frequency and create the reality you want. This book is designed to guide you through the mental, physical, and spiritual aspects of manifesting and creating all that your heart desires. You'll learn how to start removing mental and emotional blocks so you can rediscover that

manifesting is your natural birthright. You'll feel more confident, reconnected, and powerful as you turn every page. Everything in your life will begin to shift as you begin to realize that you are a conscious creator. What's Inside? · Release It: 10 powerful techniques you can use on a daily basis to release any mental, physical, or emotional blocks that hinder your manifesting powers. · Think It: 35 powerful thoughts to keep you energized, focused, and excited to manifest. · Affirm It: 100 affirmations that will help you start speaking, feeling, and commanding greatness, abundance, happiness, and financial freedom into your life right now. · Magnetic Money Mindset: Tools that help you discover your purpose, tap into your creative genius, do what you love, and attract financial freedom along the way. Begin your journey and watch magical things unfold in your life. *A Chronic Fatigue Syndrome and Fibromyalgia Journey* Robert DeMelo

Change your life! Transform triggers, set boundaries, and learn to say NO comfortably. Explore possibilities and new perspectives; you are not your circumstances. Live in grace, ease, bliss, and serenity by choosing your reactions to your creations (experiences). Volume three of the Homo Spiritus Sessions includes the transcript of the July 21, 2010 channeling session and includes the following tools: Equal signs; How ridiculous does it have to get?; "No" is a complete sentence; Point fingers; Preferences/Judgments; Short, factual statements; Vulnerability vs. Weakness; What is true now? Volume three also includes 112 definitions of terms and concepts including the following new terms: Checking things off of your list; Fire hose; Lack; Triggers are handholds. The Homo Spiritus Sessions series offers channeled messages from Eloheim and The Council. The Council is comprised of seven different groups: The Guardians, The Girls, The Visionaries, The Matriarch, The Eloheim, The Warrior, and Fred. During a channeling session, each of The Council members take turns sharing their teachings. Each Council member has a distinct personality, style of delivery, and focus. The Council is best known for their multitude of practical tools, which support our journey out of the fear-based operating system into the consciousness-based operating system. These tools are developed during private sessions and public gatherings. Each book in the Homo Spiritus Sessions series consists of the transcript of one of our public sessions, enriched with supporting material. The supporting material includes information about Eloheim and The Council, descriptions of tools referenced in the session, and over 100 definitions of terms and concepts. Each of the Homo Spiritus Sessions books can stand alone, but taken together will allow the reader to follow along with the progression of the teachings including the introduction, in-depth explanation, and evolution of The Council's tools.

[How a New Understanding of the Universe Can Help Answer Age-Old Questions of Existence](#) Idil Ahmed

The powers of magnetism are not as mystical as you might think. You can learn to switch your energy like flipping a switch on an electrical current, changing the very direction of your life. Every single day you can establish a new, consistently positive life force - one that will propel your intentions with focus, optimism, and personal power. The world exists in a constant state of flow, and your consciousness can shift in the blink of an eye. This handy little book will help you make that shift and attract brilliant results in return. The Universe longs to make your dreams a reality. See what a difference 28 days can make!

### ACT OF CONSCIOUSNESS

Hay House, Inc

In this study of channeling, earlier called spirit communication or mediumship, Klimo, who teaches at Rosebridge Graduate School in the San Francisco Bay Area, writes with clarity about "the communication of information to or through a physically embodied human being from a source...on some other level or dimension of reality other than the physical as we know it." He profiles recent channels and their sources, goes back to preliterate societies and the advent of monotheism and identifies as channels such figures as Moses, Solomon, Muhammad, Merlin, Nostradamus, Swedenborg and Edgar Cayce. He discusses the sorts of people who are channels, kinds of information channeled, sources of information channeled and varieties of channeling like clairvoyance and automatic writing. According to Klimo, few people tap into their abilities to perform channeling and for those who think they can, he serves as guide.

[The Choice for Consciousness, Tools for Conscious Living](#) Loving Healing Press

Through the act of loving yourself, you give the gift of the truth of you to this world. The most powerful way you can be in the world is by loving yourself well and then living your life from that place. The question is: how do you do that? How do you love yourself when faced with overwhelming responsibilities, guilt, and feeling like the world is stacked against you? You love

yourself well when you make the choice for consciousness. Consciousness changes the way you view yourself and the way you view your life. Change is rarely easy; yet staying the same offers no relief from suffering. The choice for consciousness is challenging, but familiar suffering is painful--and it's a pain with no end in sight This book provides step-by-step support to help you release victim mentality; drop baggage and unhealthy habits; and discard fear-based living. It will show you how to live as the creator of your life. This volume contains 16 tools and 137 definitions of terms and concepts to support your journey. The tools can be used in any order and are very powerful when combined with each other. The fear of change and the habit of staying small collaborate to say, "No, no, no, don't you dare change because that could be dangerous. Who knows what will happen if you change?" That's the moment when you have to take the risk of allowing yourself to walk the truth of you in the world. When you hear the voice that says, "No, no, no, I can't be that big. I can't shine my light that much. I can't emanate the truth of me to these people," that's the point when you need to say instead, "I want healing above all else. I want healing above all else. My desire for healing is stronger than my fear of what will happen if I shine my light, than my fear of how my truth will be received. My desire for healing is stronger than that. Emanation of the truth of me comes first." The Choice for Consciousness, Tools for Conscious Living series offers channeled messages from Eloheim and The Council. The Council is comprised of seven different groups: The Guardians, The Girls, The Visionaries, The Matriarch, The Eloheim, The Warrior, and Fred. During a channeling session, each of The Council members take turns sharing their teachings. Each Council member has a distinct personality, style of delivery, and focus. The Council is best known for their multitude of practical tools, which support the journey out of fear-based living into the consciousness-based operating system. The Choice for Consciousness, Tools for Conscious Living series is designed to offer step-by-step tools to support your movement out of the fear-based operating system into the consciousness-based operating system; to help you let go of baggage, static, and unhealthy habits; and to show you how to discard victim mentality, so that you can live fully as the creator of your life. Volume One of the series contained twenty-two tools that concentrated on the realization that you create your reality. This volume contains sixteen tools created to help you begin to LIVE as a creator. The tools can be used in any order and are very powerful when combined with each other. This book is not a narrative, but a reference text we hope you will return to again and again.

### THE GRAND BIOCENTRIC DESIGN

Hay House, Inc

A sufferer of both Chronic Fatigue Syndrome and Fibromyalgia, the author shares her personal experiences to help readers tailor their responses to symptoms and crises.

*E-Squared* Hay House, Inc

Are you drifting in your life? Are you just going through the motions doing the same things you have always done? Do you wonder why your life never changes? Or maybe you need to drift? To take time off and get away from the madness of your busy world? This book addresses both drifting and not drifting and why both are necessary. It is about growth, becoming more, not being the "usual you," aspiring to something better, changing your thoughts and ultimately your personal freedom. The freedom you have always longed for. Isn't it time for you to make a change? To create your own system and your own life?

### INFORMATION—CONSCIOUSNESS—REALITY

Springer

This book empowers you to begin removing human conditioning and opening up to consciousness. His Conscious Perception of the Soul began as an idea on Isaiah A. Tisdale's journey of spirituality. The hope was to spread consciousness in the world. The intention emerged into a work of therapeutic art, revealing his authentic self. The book showcases wisdom and understanding of awareness by speaking to the soul. It highlights themes of spiritual shifts using the expression of our Divine power: • We can commit ourselves to eliminate conditions, not to recondition our lives, but to live without conditions. • We can understand the transformation between mind and reality by self-therapy. • We can serve our souls by openness to unconditional love in ourselves and the universe. Join his journey and get inspired by the transformation of consciousness and the soul! His Conscious Perception of the Soul may be your awakening of awareness for love and compassion of self and the world around you!

*Being You* ReadHowYouWant.com

A practical guide to unlocking the powers of our DNA to manifest health, wealth, and happiness • Shows how our DNA communicates with those around us and attracts resonant energy--whether positive or negative--to us • Reveals groundbreaking scientific research on the influence of DNA on photons as well as the interactions between DNA and emotions • Provides practical exercises to remove negative influences, build positive visualizations of your desires, and accelerate the manifestation of your wishes Taking the law of attraction to an entirely new level, Pierre Franckh reveals how human DNA has a direct effect on the physical world around us--an effect we can consciously focus to manifest our desires. Sharing groundbreaking experiments on the influence of DNA on photons and on the interactions between emotions and DNA, Franckh explains how our thoughts, emotions, and beliefs, whether positive or negative, build a field of resonance around us. Through this quantum field our DNA is continuously communicating our unique vibration to those around us and receiving their unique oscillations in return. By focusing our intentions and removing negativity from our beliefs about ourselves, our past, and our future, we can use our DNA to communicate our thoughts and desires to the universe. Through focused thoughts and intentions we draw the same resonant energy to us, thus bringing our intentions and desires into manifestation. The author shares success stories from the thousands who have taken his seminars and were then able to attract a soul mate, heal themselves or loved ones, or build wealth, sometimes remarkably quickly. He also describes how he discovered the law of resonance through his own self-healing from a degenerative spinal condition. Franckh provides practical exercises to remove inner and outer negative influences that could be blocking your desires, build a positive

visualization of your goals, and increase the power of your field of resonance for quicker manifestation. In this inspiring guide to the law of resonance, the author shows how the power to manifest health, wealth, and happiness is within each of us, waiting to be unlocked within our DNA.

### **YOUR UNIFIED HEART AND MIND IS A POWERFUL CREATIVE STATE TO BRING YOUR DESIRES ALIVE**

Simon and Schuster

Now, nearly two decades later, Napier is ready to share more of her own life story while returning to the subject she was first introduced to by her grandmother. As she comes again to the topic that pervades her life story, she focuses on several themes, including: - the importance of experiencing a sense of meaning in life; - the sacred nature of all beings and life itself; - the belief that everything is an essential part of the full expression of one life, both individually and collectively, and that we inherently draw from an underlying wholeness; - the power of what it means to be aware in the present moment; and, - the fact that suffering is part of everyday life, and we can learn to move through it. Napier explains that once we recognize our place within collective consciousness-- and focus on compassion and mindfulness--we can begin to experience more directly the interdependence and interconnection underlying our place in the universe.

Manifest Now W. W. Norton & Company

Life is an act. We act like humans, and therefore we experience like humans with a litany of limitations, shortcomings and drama that mask our underlying angelic consciousness. It's an

unnatural act that we have come to accept as reality. In Act of Consciousness, Ascended Master Adamus Saint-Germain begins by explaining the metaphysics of energy. He defines the difference between consciousness and energy and makes the clear point that we are beings of consciousness - not energy - and that the passion of our pure consciousness attracts energy from the unified field to manifest our reality. Adamus defines the four primary levels of energy including Core (soul), Crystalline, Cosmic and Earth while educating the reader about how the various levels are used by our consciousness to manifest our stage-of-life. Adamus implores the reader to act like a Master rather than acting like a less-than-perfect human. This act will literally change the type of energy being attracted into the reader's life, and therefore change the reality theatre one exists within. Some readers will question this approach saying, "It's not real because it's just an act," to which Adamus will reply, "But everything in your life is just an act, so why not act like a prosperous, healthy and wise Master? This will change the theatre of your life, but the real question is, 'Are you really ready for a substantial change, or are you just trying to tidy up your current stage?'" It's a remarkably simple and effective approach to an otherwise mental and laborious process of becoming your full potential. Act of Consciousness will make you laugh, make you angry and make you question your old beliefs about how reality is created and experienced. By the time you read Saint-Germain's last words you will cry a few tears of joy and relief to know that life is as easy as an Act of Consciousness. Saint-Germain had many notable past lives, including that of William Shakespeare and Mark Twain (Samuel Clemens). These lifetimes gave him an appreciation for the theatre, acting and story-telling. Book length: Approximately 30,000 words

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