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T-Minus

Page Street Publishing

Tells the true stories of Laika, Belka, Strelka, and the other space dogs who were sent on experimental space flight explorations by the Soviet Union between 1951 and 1956.

The Kefir Cookbook Good Press

Russia's forgotten world of avant-garde public signage--the latest in Fuel's collectible Soviet series For this volume, French photographer Jason Guilbeau has used Google Street View to virtually navigate Russia and the former USSR, searching for examples of a forgotten Soviet empire. The subjects of these unlikely photographs are incidental to the purpose of Google Street View--captured by serendipity, rather than design, they are accorded a common vernacular. Once found, Guilbeau strips the images of their practical use by removing the navigational markers, transforming them according to his own vision. From remote rural roadsides to densely populated cities, the photographs reveal traces of history in plain sight: a brutalist hammer and sickle stands in a remote field; a jet fighter is anchored to the ground by its concrete exhaust plume; a skeletal tractor sits on a cast-iron platform; a village sign resembles a constructivist sculpture. Passersby seem oblivious to these objects. Relinquished by the present they have become part of the composition of everyday life, too distant in time and too ubiquitous in nature to be recorded by anything other than an indiscriminate automaton. This collection of photographs portrays a surreal reality: it is a document of a vanishing era, captured by an omniscient technology that is continually deleting and replenishing itself--an inadvertent definition of Russia today.

Secondhand Time McFarland

In graphic novel format, presents the story of two world superpowers racing to land a man on the moon, and the people who worked on the project.

Totalitarian Art U of Nebraska Press

CCCP Cook BookFuel Publishing

The Folly Acres Cook Book Simon and Schuster

To many people, Russia remains as enigmatic today as it was during the Iron Curtain era. With the collapse of the Soviet Union, the country had an opportunity to face its tortured past. Here, Brent asks - why didn't this happen? To answer such a question, he draws on 15 years of unprecedented access to high level Soviet archives. He shows readers a Russia where, in 1992, women sold used toothbrushes on the street to survive, yet now the shops are filled with luxury goods. Brent encounters Stalin's spectre through these changes and takes readers deep inside his archives.

Andrew Martin Random House

Celebrated Portland chef Bonnie Frumkin Morales brings her acclaimed Portland restaurant Kachka into your home kitchen with a debut cookbook enlivening Russian cuisine with an emphasis on vibrant, locally sourced ingredients. "With Kachka, Bonnie Morales has done something amazing: thoroughly update and modernize Russian cuisine while steadfastly holding to its traditions and spirit. Thank you comrade!" —Alton Brown From bright pickles to pillowy dumplings, ingenious vodka infusions to

traditional homestyle dishes, and varied zakuski to satisfying sweets, Kachka the cookbook covers the vivid world of Russian cuisine. More than 100 recipes show how easy it is to eat, drink, and open your heart in Soviet-inspired style, from the celebrated restaurant that is changing how America thinks about Russian food. The recipes in this book set a communal table with nostalgic Eastern European dishes like Caucasus-inspired meatballs, Porcini Barley Soup, and Cauliflower Schnitzel, and give new and exciting twists to current food trends like pickling, fermentation, and bone broths. Kachka's recipes and narratives show how Russia's storied tradition of smoked fish, cultured dairy, and a shot of vodka can be celebratory, elegant, and as easy as meat and potatoes. The food is clear and inviting, rooted in the past yet not at all afraid to play around and wear its punk rock heart on its sleeve.

Hoosh Penguin

Introduces the cooking and food habits of Russia, including such recipes as beet soup or borscht, stuffed pastries or pirozhki, and beef stroganoff; also provides brief information on the geography and history of the country.

Hormonal Contraception and Post-menopausal Hormonal Therapy Rockridge Press

BONUS: This edition contains an excerpt from Sam Eastland's Archive 17. Deep in the Russian countryside, a thirty-ton killing machine known officially as T-34 is being developed in total secrecy. Its inventor is a rogue genius whose macabre death is considered an accident only by the innocent. Suspecting assassins everywhere, Stalin brings in his best—if least obedient—detective to solve a murder that's tantamount to treason. Answerable to no one, Inspector Pekkala has the dictator's permission to go anywhere and interrogate anyone. But the closer Pekkala gets to answers, the more questions he uncovers—first and foremost, why is the state's most dreaded female operative, Commissar Major Lysenkova, investigating the case when she's only assigned to internal affairs? In the shadows of one of history's most notorious regimes, Pekkala is on a collision course with not only the Soviet secret police but the USSR's deadliest military secrets. For what he's about to unearth could put Stalin and his Communist state under for good—and bury Pekkala with them.

The Hare Krishna Book of Vegetarian Cooking Phaidon Press This book contains over 60 recipes, each introduced with an insightful historical story or anecdote, and an accompanying image, spanning such delicacies as aspic, borscht, caviar and herring, by way of bird's milk cake and pelmeni. As the Soviet Union struggled along the path to Communism, food supplies were often sporadic and shortages commonplace. Day to day living was hard, both the authorities and their citizens had to apply every ounce of ingenuity to maximize often inadequate resources. The stories and recipes contained here reflect these turbulent times: from basic subsistence meals consumed by the average citizen (okroshka), to extravagant banquets held by the political elite (suckling pig with buckwheat), and a scattering of classics (beef stroganoff) in between. Illustrated using images sourced from original Soviet recipe books collected by the author. Many of these sometimes extraordinary-looking pictures depicted dishes whose recipes used unobtainable ingredients, placing them firmly in the realm of 'aspirational' fantasy for the average Soviet household. In their content and presentation the pictures themselves act as a window into cuisine of the day, in turn revealing the unique political and social attitudes of the era.

PLEASE TO THE TABLE

Ten Speed Press

A spellbinding novel about marriage, passion, loss, renewal, and the healing power of love from the number one bestselling author of *Songs of Love and War*. Married couple, Miranda and David, move out of London into a beautiful country house with an idyllic garden. But reality turns out to be very different from their bucolic dream. Soon the latent unhappiness in the family begins to come to the surface, isolating each family member in a bubble of resentment and loneliness. Then a mysterious Frenchman arrives on their doorstep. With the wisdom of nature, he slowly begins to heal the past and the present. But who is he? When Miranda discovers his secret in the cottage by the garden, the whole family learns that a garden, like love itself, can restore the human spirit, not just season after season, but generation after generation. Wise and winsome, poignant and powerfully moving, *The French Gardener* combines the savvy of contemporary women's fiction with an old fashioned sensibility steeped in the importance of family and the magical power of love.

The French Gardener Flatiron Books

Edited by Damon Murray, Stephen Sorrell. Text by Alexei Plutser-Samo.

Cooking the Russian Way Anchor

Visions of Utopia: Palaces for the Working Class

GRAPHIC

Bloomsbury Publishing USA

The extraordinary untold story of Ernest Hemingway's dangerous secret life in espionage A NEW YORK TIMES BESTSELLER • A finalist for the William E. Colby Military Writers' Award "IMPORTANT" (Wall Street Journal) • "FASCINATING" (New York Review of Books) • "CAPTIVATING" (Missourian) A riveting international cloak-and-dagger epic ranging from the Spanish Civil War to the liberation of Western Europe, wartime China, the Red Scare of Cold War America, and the Cuban Revolution, *Writer, Sailor, Soldier, Spy* reveals for the first time Ernest Hemingway's secret adventures in espionage and intelligence during the 1930s and 1940s (including his role as a Soviet agent code-named "Argo"), a hidden chapter that fueled both his art and his undoing. While he was the historian at the esteemed CIA Museum, Nicholas Reynolds, a longtime American intelligence officer, former U.S. Marine colonel, and Oxford-trained historian, began to uncover clues suggesting Nobel Prize-winning novelist Ernest Hemingway was deeply involved in mid-twentieth-century spycraft -- a mysterious and shocking relationship that was far more complex, sustained, and fraught with risks than has ever been previously supposed. Now Reynolds's meticulously researched and captivating narrative "looks among the shadows and finds a Hemingway not seen before" (London Review of Books), revealing for the first time the whole story of this hidden side of Hemingway's life: his troubling recruitment by Soviet spies to work with the NKVD, the forerunner to the KGB, followed in short order by a complex set of secret relationships with American agencies. Starting with Hemingway's sympathy to antifascist forces during the 1930s, Reynolds illuminates Hemingway's immersion in the life-and-death world of the revolutionary left, from his passionate commitment to the Spanish Republic; his successful pursuit by Soviet NKVD agents, who valued Hemingway's influence, access, and mobility; his wartime

meeting in East Asia with communist leader Chou En-Lai, the future premier of the People's Republic of China; and finally to his undercover involvement with Cuban rebels in the late 1950s and his sympathy for Fidel Castro. Reynolds equally explores Hemingway's participation in various roles as an agent for the United States government, including hunting Nazi submarines with ONI-supplied munitions in the Caribbean on his boat, *Pilar*; his command of an informant ring in Cuba called the "Crook Factory" that reported to the American embassy in Havana; and his on-the-ground role in Europe, where he helped OSS gain key tactical intelligence for the liberation of Paris and fought alongside the U.S. infantry in the bloody endgame of World War II. As he examines the links between Hemingway's work as an operative and as an author, Reynolds reveals how Hemingway's secret adventures influenced his literary output and contributed to the writer's block and mental decline (including paranoia) that plagued him during the postwar years -- a period marked by the Red Scare and McCarthy hearings. Reynolds also illuminates how those same experiences played a role in some of Hemingway's greatest works, including *For Whom the Bell Tolls* and *The Old Man and the Sea*, while also adding to the burden that he carried at the end of his life and perhaps contributing to his suicide. A literary biography with the soul of an espionage thriller, *Writer, Sailor, Soldier, Spy* is an essential contribution to our understanding of the life, work, and fate of one of America's most legendary authors.

The Idealist Hachette UK

Beginning in London and ricocheting across the Atlantic, 1963: The Year of the Revolution is an oral history of twelve months that changed our world—the Youth Quake movement—and laid the foundations for the generation of today. Ariel Leve and Robin Morgan's oral history is the first book to recount the kinetic story of the twelve months that witnessed a demographic power shift—the rise of the Youth Quake movement, a cultural transformation through music, fashion, politics, theater, and film. Leve and Morgan detail how, for the first time in history, youth became a commercial and cultural force with the power to command the attention of government and religion and shape society. While the Cold War began to thaw, the race into space heated up, feminism and civil rights percolated in politics, and JFK's assassination shocked the world, the Beatles and Bob Dylan would emerge as poster boys and the prophet of a revolution that changed the world. 1963: The Year of the Revolution records, documentary-style, the incredible roller-coaster ride of those twelve months, told through the recollections of some of the period's most influential figures—from Keith Richards to Mary Quant, Vidal Sassoon to Graham Nash, Alan Parker to Peter Frampton, Eric Clapton to Gay Talese, Stevie Nicks to Norma Kamali, and many more.

SOVIET SPACE GRAPHICS

Dream Machine Publishing

An ancient bomber conceals a devastating secret - a stunning Covert-One thriller from the master storyteller. On a desolate island deep within the Arctic, a scientific expedition photographs the wreckage of a bomber. It seems to be a relic from the Cold War - but a handful of insiders know that it is a Soviet Air Force biological warfare platform, still armed with weaponised anthrax. Covert-One's Lt. Col. Jon Smith leads a team to secure the site. But on the island they find themselves confronted with a traitor from within their ranks. Gradually they become aware that the ancient bomber conceals something else: a secret so deadly that it could trigger a Third World War...

Shadow Pass Bantam

More than 350 recipes from all fifteen republics of the Soviet Union offer samples of the country's vast diversity--from the

robust foods of the Baltic states, to the delicate pilafs of Azerbaijan

CCCP Underground Simon and Schuster

Evaluates evidence for an increased risk of cancer in women using combined oral contraceptives, progestogen-only hormonal contraceptives, post-menopausal estrogen therapy, and post-menopausal estrogen-progestogen therapy. Although the carcinogenicity of these preparations has been extensively investigated, the book stresses the many complex methodological issues that must be considered when interpreting findings and weighing results. Evidence of an association between use of these preparations and positive effects on health, including a reduced risk of some cancers, is also critically assessed. The first and most extensive monograph evaluates evidence of an association between the use of combined oral contraceptives and cancer at nine sites. Concerning breast cancer, the evaluation concludes that, even if the association is causal, the excess risk for breast cancer associated with patterns of use that are typical today is very small. Studies of predominantly high-dose preparations found an increased risk of hepatocellular carcinoma in the absence of hepatitis viruses. Citing these findings, the evaluation concludes that there is sufficient evidence in humans for the carcinogenicity of combined oral contraceptives. The evaluation also found sufficient evidence for the carcinogenicity of some, but not all, combined preparations in animals. Combined oral contraceptives were classified as carcinogenic to humans. The evaluation also cites conclusive evidence that these agents have a protective effect against cancers of the ovary and endometrium. Progestogen-only contraceptives are evaluated in the second monograph, which considers the association with cancer at six sites. The evaluation found no evidence of an increased risk for breast cancer. Although the evaluation found sufficient evidence in animals for the carcinogenicity of medroxyprogesterone acetate, evidence for the carcinogenicity of progestogen-only contraceptives in humans was judged inadequate. Progestogen-only contraceptives were classified as possibly carcinogenic to humans. The third monograph, on post-menopausal estrogen therapy, considers evidence of an association with cancer at eight sites. Findings from a large number of epidemiological studies indicate a small increase in the risk of breast cancer in women who have used these preparations for five years or more. Studies consistently show an association between use of post-menopausal estrogen therapy and an increased risk for endometrial cancer. Data on the association with other cancers were either inconclusive or suggested no effect on risk. The evaluation concludes that post-menopausal estrogen therapy is carcinogenic to humans. The final monograph evaluates the association between the use of post-menopausal estrogen-progestogen therapy and cancer at four sites. The evaluation of limited data on breast cancer found an increased relative risk observed with long-term use. Data were judged insufficient to assess the effects of past use and of different progestogen compounds, doses, and treatment schedules. For endometrial cancer, the evaluation found an increase in risk relative to non-users when the progestogen was added to the cycle for 10 days or fewer. Post-menopausal estrogen-progestogen therapy was classified as possibly carcinogenic to humans. Concerning post-menopausal therapy in general, the book notes that evidence of carcinogenic risks must be placed in perspective of potential benefits. The prevention of osteoporotic fractures is cited as the best-established benefit. Evidence also suggests that estrogen prevents heart disease and may prevent memory loss and dementia.

NOTES FROM RUSSIA

Other Criteria

Product Description: Totalitarian Art achieves nothing less than a thorough and serious comparative study of the official art of Stalin's Russia, Hitler's Germany, Mussolini's Italy, Kim Jong-Il's North Korea, and Saddam Hussein's Iraq. In the Soviet Union, and later in Maoist China, theories of mass artistic appeal were used to promote the Revolution both at home and abroad. In Nazi Germany and Fascist Italy they asserted the putative grandeur of the epoch. All too often, art that served the Revolution or the new millennial society became "total realism," and always it became a slave to the state and the cult of personality, and ultimately one more weapon in the arsenal of oppression. Igor Golomstock gives a detailed appraisal of the forms that define totalitarian art and illustrates his text with more than two hundred examples of its paintings, posters, sculpture and architecture, and includes a powerful comparative visual essay which demonstrates the eerie similarity of the official art of these very different regimes.

The Easy College Cookbook CCCP Cook Book

Antarctica, the last place on Earth, is not famous for its cuisine. Yet it is famous for stories of heroic expeditions in which hunger was the one spice everyone carried. At the dawn of Antarctic cuisine, cooks improvised under inconceivable hardships, castaways ate seal blubber and penguin breasts while fantasizing about illustrious feasts, and men seeking the South Pole stretched their rations to the breaking point. Today, Antarctica's kitchens still wait for provisions at the far end of the planet's longest supply chain. Scientific research stations serve up cafeteria fare that often offers more sustenance than style. Jason C. Anthony, a veteran of eight seasons in the U.S. Antarctic Program, offers a rare workaday look at the importance of food in Antarctic history and culture. Anthony's tour of Antarctic cuisine takes us from hoosh (a porridge of meat, fat, and melted snow, often thickened with crushed biscuit) and the scurvy-ridden expeditions of Shackleton and Scott through the twentieth century to his own preplanned three hundred meals (plus snacks) for a two-person camp in the Transantarctic Mountains. The stories in *Hoosh* are linked by the ingenuity, good humor, and indifference to gruel that make Anthony's tale as entertaining as it is enlightening.

Helen's Hungarian Heritage Recipes University of Chicago Press

100 traditional yet surprisingly modern recipes from the far northern corners of Russia, featuring ingredients and dishes that young Russians are rediscovering as part of their heritage. IACP AWARD FINALIST • LONGLISTED FOR THE ART OF EATING PRIZE • NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY THE WASHINGTON POST AND FORBES "A necessary resource for food writers and for eaters, a fascinating read and good excuse to make fermented oatmeal."—Bon Appétit Russian cookbooks tend to focus on the food that was imported from France in the nineteenth century or the impoverished food of the Soviet era. Beyond the North Wind explores the true heart of Russian food, a cuisine that celebrates whole grains, preserved and fermented foods, and straightforward but robust flavors. Recipes for a dazzling array of pickles and preserves, infused vodkas, homemade dairy products such as farmers cheese and cultured butter, puff pastry hand pies stuffed with mushrooms and fish, and seasonal vegetable soups showcase Russian foods that are organic and honest--many of them old dishes that feel new again in their elegant minimalism. Despite the country's harsh climate, this surprisingly sophisticated cuisine has an incredible depth of flavor to offer in dishes like Braised Cod with Horseradish, Roast Lamb with Kasha, Black Currant Cheesecake, and so many more. This home-style cookbook with a strong sense of place and evocative storytelling brings to life a rarely seen portrait of Russia, its people, and its palate—with 100 recipes, gorgeous photography, and essays on the little-known culinary history of this fascinating and wild part of the world.

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