

# Religiosity Spirituality And Adolescents Self Adjustment

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*Religiosity Spirituality And Adolescents Self Adjustment*

OMB No. 8196374357402 edited by

**RODRIGO BOYER**

## THE NEW SCIENCE ON PARENTING FOR HEALTH AND LIFELONG THRIVING

Routledge

Cultural values and religious beliefs play a substantial role in adolescent development. Developmental scientists have shown increasing interest in how culture and religion are involved in the processes through which adolescents adapt to environments. This volume constitutes a timely and unique addition to the literature on human development from a cultural-contextual perspective. Editors Gisela Trommsdorff and Xinyin Chen present systematic and in-depth discussions of theoretical perspectives, landmark studies and strategies for further research in the field. The eminent contributors reflect diverse cultural perspectives, transcending the Western emphasis of many previous works. This volume will be of interest to scholars and professionals interested in basic developmental processes, adolescent social psychology and the sociological and psychological dimensions of religion. *Developing and Improving the Child and Youth Well-Being Index* John Wiley & Sons

In innumerable discussions and activities dedicated to better understanding and helping teenagers, one aspect of teenage life is curiously overlooked. Very few such efforts pay serious attention to the role of religion and spirituality in the lives of American adolescents. But many teenagers are very involved in religion. Surveys reveal that 35% attend religious services weekly and another 15% attend at least monthly. 60% say that religious faith is important in their lives. 40% report that they pray daily. 25% say that they have been "born again." Teenagers feel good about the congregations they belong to. Some say that faith provides them with guidance and resources for knowing how to live well. What is going on in the religious and spiritual lives of American teenagers? What do they actually believe? What religious practices do they engage in? Do they expect to remain loyal to the faith of their parents? Or are they abandoning traditional religious institutions in search of a new, more authentic "spirituality"? This book attempts to answer these and related questions as definitively as possible. It reports the findings of The National Study of Youth and Religion, the largest and most detailed such study ever undertaken. The NYSR conducted a nationwide telephone survey of teens and significant caregivers, as well as nearly 300 in-depth face-to-face interviews with a sample of the population that was surveyed. The results show that religion and spirituality are indeed very significant in the lives of many American teenagers. Among many other discoveries, they find that teenagers are far more influenced by the religious beliefs and practices of their parents and caregivers than commonly thought. They refute the conventional wisdom that teens are "spiritual but not religious." And they confirm that greater religiosity is significantly associated with more positive adolescent life outcomes. This eagerly-awaited volume not only provides an unprecedented understanding of adolescent religion and spirituality but, because teenagers serve as bellwethers for

possible future trends, it affords an important and distinctive window through which to observe and assess the current state and future direction of American religion as a whole.

## THE WELL-BEING OF AMERICA'S CHILDREN

Rowman & Littlefield

This edited textbook will be appropriate for use in advanced undergraduate and graduate level courses and will serve as a comprehensive and timely introduction to the field of adolescent development, providing students with a strong foundation for understanding the biological, cognitive and psychosocial transitions occurring during adolescence. While certain normative biological and cognitive processes are relevant for all youth, development varies dramatically based on a youth's position in society. The volume will focus on contextual factors such as culture, racial identity, socioeconomic position and sociopolitical and historical events, highlighting the impact such factors have on the physiological and psychological processes and treating them as key elements in understanding development during this life stage. The authors will cover the major theoretical positions (both historical and contemporary) about adolescence as well as the relevant research and application. Additionally, modern phenomena - the ever-increasing influence of pop culture (i.e. Hip Hop), mass media and technology (i.e., the internet, gaming) and the evolution of family, education and the church - will be explored in depth. Each chapter will be written by a known expert in the field. More extensive analysis of cultural, political and socioeconomic factors impacting development than competing texts Research-to-Practice section covers evidence-based research on practice implementation *Values, Religion, and Culture in Adolescent Development* Oxford University Press, USA

This international volume provides a comprehensive account of contemporary research, new perspectives and cutting-edge issues surrounding religion and spirituality in social work. The introduction introduces key themes and conceptual issues such as understandings of religion and spirituality as well as definitions of social work, which can vary between countries. The main body of the book is divided up into sections on regional perspectives; religious and spiritual traditions; faith-based service provision; religion and spirituality across the lifespan; and social work practice. The final chapter identifies key challenges and opportunities for developing both social work scholarship and practice in this area. Including a wide range of international perspectives from Australia, Canada, Hong Kong, India, Ireland, Israel, Malta, New Zealand, South Africa, Sweden, the UK and the USA, this Handbook succeeds in extending the dominant paradigms and comprises a mix of authors including major names, significant contributors and emerging scholars in the field, as well as leading contributors in other fields of social work who have an interest in religion and spirituality. The Routledge Handbook of Religion, Spirituality and Social Work is an authoritative and comprehensive reference for academics and researchers as well as for organisations and practitioners committed to exploring why, and how, religion and spirituality should be integral to social work practice. MDPI

The Science of Religion, Spirituality, and Existentialism presents in-depth analysis of the core issues in existential psychology, their connections to religion and spirituality (e.g., religious concepts, beliefs, identities, and practices), and their diverse outcomes (e.g., psychological, social, cultural, and health). Leading scholars from around the world cover research exploring how fundamental existential issues are both cause and consequence of religion and spirituality, informed by research data spanning multiple levels of analysis, such as: evolution; cognition and neuroscience; emotion and motivation; personality and individual differences; social and cultural forces; physical and mental health; among many others. The Science of Religion, Spirituality, and Existentialism explores known contours and emerging frontiers, addressing the big question of why religious belief remains such a central feature of the human experience. Discusses both abstract concepts of mortality and concrete near-death experiences Covers the struggles and triumphs associated with freedom, self-regulation, and authenticity Examines the roles of social exclusion, experiential isolation, attachment, and the construction of social identity Considers the problems of uncertainty, the effort to discern truth and reality, and the challenge to find meaning in life Discusses how the mind developed to handle existential topics, how the brain and mind implement the relevant processes, and the many variations and individual differences that alter those processes Delves into the psychological functions of religion and science; the influence on pro- and antisocial behavior, politics, and public policy; and looks at the role of spiritual concerns in understanding the human body and maintaining physical health *An Interdisciplinary Perspective* SAGE

What is the future of religion given the responses of young people? What impact do existing religious forms have on youth? What kind of spirituality and religion are young people creating for themselves? Religion and Youth presents an accessible guide to the key issues in the study of youth and religion, including methodological perspectives. It provides a key teaching text in these areas for undergraduates, and a book of rigorous scholarship for postgraduates, academics and practitioners. Offering the first comprehensive international perspective on the sociology of youth and religion, this book reveals key geographical and organisational variables as well as the complexities of the engagement between youth and religion. The book is divided into six parts organised around central themes: Generation X and their legacy; The Big Picture - surveys of belief and practice in the USA, UK and Australia; Expression - how young people construct and live out their religion and spirituality; Identity - the role of religion in shaping young people's sense of self and social belonging; Transmission - passing on the faith (or not); Researching Youth Religion - debates, issues and techniques in researching young people's religion and spirituality. James A. Beckford writes the Foreword and Linda Woodhead the Epilogue. **Perspectives on Identity and Transcendence Among Youth: a Special Issue of applied Developmental Science** SAGE

On the basis of a theologically grounded understanding of the nature of persons and the self, Jack O. Balswick, Pamela Ebstyne King and Kevin S. Reimer present a model of human development that ranges across all of life's stages. This revised second edition

engages new research from evolutionary psychology, developmental neuroscience and positive psychology.

**Measures of Spirituality/Religiosity—Description of Concepts and Validation of Instruments** Oxford University Press

Adolescent substance abuse is the nation's #1 public health problem. It originates out of a developmental era where experimentation with the world is increasingly taking place, and where major changes in physical self and social relationships are taking place. These changes cannot be understood by any one discipline nor can they be described by focusing only on the behavioral and social problems of this age period, the characteristics of normal development, or the pharmacology and addictive potential of specific drugs. They require knowledge of the brain's systems of reward and control, genetics, psychopharmacology, personality, child development, psychopathology, family dynamics, peer group relationships, culture, social policy, and more. Drawing on the expertise of the leading researchers in this field, this Handbook provides the most comprehensive summarization of current knowledge about adolescent substance abuse. The Handbook is organized into eight sections covering the literature on the developmental context of this life period, the epidemiology of adolescent use and abuse, similarities and differences in use, addictive potential, and consequences of use for different drugs; etiology and course as characterized at different levels of mechanistic analysis ranging from the genetic and neural to the behavioural and social. Two sections cover the clinical ramifications of abuse, and prevention and intervention strategies to most effectively deal with these problems. The Handbook's last section addresses the role of social policy in framing the problem, in addressing it, and explores its potential role in alleviating it.

**CURRENT AND FUTURE THEORETICAL AND EMPIRICAL PERSPECTIVES**

John Wiley & Sons

The Oxford Handbook of Human Development and Culture provides a comprehensive synopsis of theory and research on human development, with every chapter drawing together findings from cultures around the world. This includes a focus on cultural diversity within nations, cultural change, and globalization. Expertly edited by Lene Arnett Jensen, the Handbook covers the entire lifespan from the prenatal period to old age. It delves deeply into topics such as the development of emotion, language, cognition, morality, creativity, and religion, as well as developmental contexts such as family, friends, civic institutions, school, media, and work. Written by an international group of eminent and cutting-edge experts, chapters showcase the burgeoning interdisciplinary approach to scholarship that bridges universal and cultural perspectives on human development. This "cultural-developmental approach" is a multifaceted, flexible, and dynamic way to conceptualize theory and research that is in step with the cultural and global realities of human development in the 21st century.

**The Routledge Handbook of Religion, Spirituality and Social Work** Cambridge University Press

The Encyclopedia of Religious and Spiritual Development is the first reference work to focus on the developmental process of religion and spirituality across the human life span. Spiritual development is an important part of human development that has links to identity development, moral development, and civic engagement. This innovative Encyclopedia offers insight into the characteristics of people and their contexts that interact to influence religious and spiritual development over time. Editors Elizabeth M. Dowling and W. George Scarlett provide readers with glimpses into the religious and spiritual developmental trajectories of people from all over the world, from many different religious and spiritual backgrounds.

**THE RELATIONSHIP BETWEEN ADOLESCENT RELIGIOSITY, SPIRITUAL WELL-BEING, SELF ESTEEM AND MENTAL ILLNESS**

Elsevier

This Handbook draws together leading social scientists in the world from multiple disciplines to articulate what is known and needs to be known about spiritual development in childhood and adolescence.

**Religion and Youth** John Wiley & Sons

Adding to the contributions made by *Soul Searching and Souls in Transition*—two books which revolutionized our understanding of the religious lives of young Americans—Lisa Pearce and Melinda

Lundquist Denton here offer a new portrait of teenage faith. Drawing on the massive National Study of Youth and Religion's telephone surveys and in-depth interviews with more than 120 youth at two points in time, the authors chart the spiritual trajectory of American adolescents and young adults over a period of three years. Turning conventional wisdom on its head, the authors find that religion is an important force in the lives of most—though their involvement with religion changes over time, just as teenagers themselves do. Pearce and Denton weave in fascinating portraits of actual youth to give depth to mere numerical rankings of religiosity, which tend to prevail in large studies. One teenager might rarely attend a service, yet count herself profoundly religious; another might be deeply involved in a church's social world, yet claim to be "not, like, deep into the faith." They provide a new set of qualitative categories—Abiders, Assenters, Avoiders, and Atheists—quoting from interviews to illuminate the shading between them. And, with their three-year study, they offer a rich understanding of the dynamic nature of faith in young people's lives during a period of rapid change in biology, personality, and social interaction. Not only do degrees of religiosity change, but so does its nature, whether expressed in institutional practices or personal belief. By presenting a new model of religious development and change, illustrated with compelling personal accounts of real teenagers, Pearce and Denton offer parents, scholars, and religious leaders a new guide for understanding religious development in teens.

**Challenging Marginalisation** Oxford University Press

The Empirical Science of Religious Education draws together a collection of innovative articles in the field of religious education which passed the editorial scrutiny of Professor Robert Jackson over the course of his impactful fourteen year career as editor of the British Journal of Religious Education. These articles have made an enormous contribution to the international literature establishing of the empirical science of religious education as a research field. The volume draws together, organises and illustrates the contours of this emerging field and is an essential compendium which covers work in: teacher education and teacher experience; student understanding, attitudes and values; varieties of religious schooling, and; worldview and life interpretation Organised into ten thematic sections the contributors cover the field comprehensively and bring with them an international and reflexive approach to their research. It is an essential resource for those practitioners and researchers who wish to access original and innovative research undertaken by way of ethnographic fieldwork, practitioner research, life-history approaches to research, psychological scales and measures, and large surveys. Particularly interested readers will be studying PGCE and masters level programmes in religious education, as well as qualified religious educators undertaking continuing professional development.

**The Oxford Handbook of Moral Development** BRILL

This affordable paperback course textbook has been adapted from the landmark four-volume Handbook of Applied Developmental Science (SAGE 2003). In 20 chapters, Applied Developmental Science: An Advanced Textbook brings together the latest in theory and application from applied developmental science and the positive psychology movement. This advanced text summarizes and synthesizes the best scientific knowledge from ADS to help readers understand the efforts being made around the world to ensure that all children and adolescents develop into healthy adults who contribute positively to society. *Religion and Family Life Values, Religion, and Culture in Adolescent Development*

Religion is a fundamental cultural factor profoundly influential on human mental health and behavioural choices, and, in addition, family is the most proximal and intimate socialization agent contributive to youth development. Religion, Family, and Chinese Youth Development explores how religious involvement of Chinese parents affects their psychological health and family socialization, which leads to various aspects of the development of Chinese youths. Specifically, a structural relationship between religion, family socialization, and youth development was constructed theoretically and tested empirically in the Chinese context, which can portray the linked lives of religious involvement of Chinese parents, parental psychological health, family processes, parenting practices, the development of psychosocial maturity, and the internalizing and externalizing outcomes of Chinese youths. Undeniably, the findings of this book provide insightful social and policy implications for researchers and human service practitioners related to Chinese societies. By clearly depicting and empirically testing the connections between

religion, family, and Chinese youth development, the book can be a reference for clergy, family practitioners, researchers, policy makers, management of NGOs, and graduate students of social sciences.

**Nurturing Child and Adolescent Spirituality** Psychology Press  
This volume presents multidisciplinary perspectives on the role of cultural values and religious beliefs in adolescent development. *Perspectives from the World's Religious Traditions* Oxford University Press

First published in 2003. Routledge is an imprint of Taylor & Francis, an informa company.

**Development During a Global Era** Oxford University Press

Thriving and Spirituality Among Youth empirically explores the connections between spirituality and positive youth development through the research of a set of scholars from the wide array of scientific fields including biology, sociology, and theology. This unique handbook shows how to foster positive development during adolescence, including youth contributions to families and communities in civil society. The material draws on research conducted with various populations including immigrant Hispanic, Chinese, Israeli, and Muslim-American youth. Social workers and mental health professionals will find a new, developmentally rigorous data base for a science of "adolescent spirituality."

**THE OXFORD HANDBOOK OF HUMAN DEVELOPMENT AND CULTURE**

Policy Press

In 1998, the Foundation for Child Development (FCD) provided Kenneth Land a grant to explore the feasibility of producing the first national composite index of the status of American children that would chart changes in their well-being over time. Important questions needed to be answered: was it possible to trace trends in child and youth well-being over several decades? Could such an index provide a way of determining whether the United States was making progress in improving its children's lives? The Index of Child and Youth Well-Being (CWI) was born from these questions. Viewing the CWI trends from 1975 to present, there is evidence that the well-being of American children lags behind other Western nations. As conditions change, it is clear that the index is an evolving and rich enterprise. This volume attests to that evolution, and what the CWI promises for understanding the progress – or lack of progress – in enhancing the life prospects of all American children.

**Stability and Change in the Religiosity of America's Adolescents** Psychology Press

In innumerable discussions and activities dedicated to better understanding and helping teenagers, one aspect of teenage life is curiously overlooked. Very few such efforts pay serious attention to the role of religion and spirituality in the lives of American adolescents. But many teenagers are very involved in religion. Surveys reveal that 35% attend religious services weekly and another 15% attend at least monthly. 60% say that religious faith is important in their lives. 40% report that they pray daily. 25% say that they have been "born again." Teenagers feel good about the congregations they belong to. Some say that faith provides them with guidance and resources for knowing how to live well. What is going on in the religious and spiritual lives of American teenagers? What do they actually believe? What religious practices do they engage in? Do they expect to remain loyal to the faith of their parents? Or are they abandoning traditional religious institutions in search of a new, more authentic "spirituality"? This book attempts to answer these and related questions as definitively as possible. It reports the findings of The National Study of Youth and Religion, the largest and most detailed such study ever undertaken. The NYSR conducted a nationwide telephone survey of teens and significant caregivers, as well as nearly 300 in-depth face-to-face interviews with a sample of the population that was surveyed. The results show that religion and spirituality are indeed very significant in the lives of many American teenagers. Among many other discoveries, they find that teenagers are far more influenced by the religious beliefs and practices of their parents and caregivers than commonly thought. They refute the conventional wisdom that teens are "spiritual but not religious." And they confirm that greater religiosity is significantly associated with more positive adolescent life outcomes. This eagerly-awaited volume not only provides an unprecedented understanding of adolescent religion and spirituality but, because teenagers serve as bellwethers for possible future trends, it affords an important and distinctive window through which to observe and assess the current state and future direction of American religion as a whole.

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